

Individual Best Times (All Time)

Sarah Tripp - (497186) - Spencer Swim Team - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.60	749	F	31/07/16	British Summer Championships	Sheffield	Guildford Ct	1
1:11.87	710	H	31/07/16	British Summer Championships	Sheffield	Guildford Ct	1
1:12.24	699	F	02/08/15	British Summer Championships	Sheffield		1
1:12.41	694	F	06/02/16	Surrey County ASA Age Group Championships 2016	Guildford	Guildford Ct	1
1:12.41	694	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Guildford Ct	1
1:12.43	694	H	08/01/17	UBSC New Year L1 Open Meet	Bristol	Guildford Ct	1
1:12.59	689	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Guildford Ct	1
1:12.75	684	H	23/04/17	British Swimming Championships 2017	Sheffield	Guildford Ct	1
1:12.76	684	F	03/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	Rushmoor Ryl	1
1:12.76	684	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Guildford Ct	1
1:12.80	683	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Guildford Ct	1
1:12.81	683	H	02/08/15	British Summer Championships	Sheffield		1
1:13.01	677	F	22/03/15	Essa SE Division Inter County Gala	Surrey		1
1:13.11	674	F	03/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	Rushmoor Ryl	1
1:13.23	671	F	27/06/14	British Gas International Swimming Meet 2014	Manchester	Rushmoor Ryl	1
1:13.24	671	H	31/05/15	ASASER Swimming Championships	Crawley		1
1:13.34	668	H	14/03/15	Hampshire County ASA Championships	Portsmouth		1
1:13.35	668	F	25/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Guildford Ct	1
1:13.37	667	S	09/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
1:13.40	666	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Guildford Ct	1
1:13.61	661	H	31/05/15	ASASER Swimming Championships	Crawley		1
1:13.66	659	H	09/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
1:13.66	659	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Guildford Ct	1
1:13.76	657	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Guildford Ct	1
1:13.76	657	H	09/04/17	The National Arena Swimming League 47th Cup Final	Cardiff	Guildford Ct	1
1:13.77	656	F	08/01/17	UBSC New Year L1 Open Meet	Bristol	Guildford Ct	1
1:13.88	654	F	02/04/17	British Swimming Championships 2017	Sheffield	Guildford Ct	1

1:13.00	654	F	23/04/17	British Swimming Championships 2017	Sheffield	Guildford Ct	1
1:13.98	651	F	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
1:13.99	651	H	13/04/14	British Gas Championships 2014	Glasgow	Rushmoor Ryl	1
1:14.01	650	H	26/06/14	British Gas International Swimming Meet 2014	Manchester	Rushmoor Ryl	1
1:14.15	646		04/05/14	ASA South East Region Youth Championships	Crawley	Rushmoor Ryl	1
1:14.27	643	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
1:14.38	640	H	29/06/14	ESSA SW Division National Inter Divisional	Bristol	Rushmoor Ryl	1
1:14.57	636	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Guildford Ct	1
1:14.58	635	F	25/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Guildford Ct	1
1:14.70	632	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Guildford Ct	1
1:14.77	630	H	27/07/13	BG ASA National Age Groups 2013	Sheffield	Rushmoor Ryl	1
1:14.99	625	H	14/03/15	Hampshire County ASA Championships	Portsmouth		1
1:15.07	623		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Rushmoor Ryl	1
1:15.08	623		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Rushmoor Ryl	1
1:15.27	618	F	30/03/14	ESSA SE Division Inter County Gala	Guildford	Rushmoor Ryl	1
1:15.28	618	F	27/07/13	BG ASA National Age Groups 2013	Sheffield	Rushmoor Ryl	1
1:15.39	615	H	27/06/15	ESSA Inter-Divisional Championships	Sunderland		1
1:15.42	614	F	21/12/13	Co Leeds Christmas Meet 2013	Leeds	Rushmoor Ryl	1
1:15.45	614		15/03/14	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
1:15.46	613	F	25/01/14	ASA South Zonal Competition	Millfield School	Rushmoor Ryl	1
1:15.53	612	H	21/12/13	Co Leeds Christmas Meet 2013	Leeds	Rushmoor Ryl	1
1:15.63	609	H	25/01/14	ASA South Zonal Competition	Millfield School	Rushmoor Ryl	1
1:15.66	608	H	30/07/17	British Summer Championships	Sheffield	Guildford Ct	1
1:15.92	602	H	11/05/13	Beckenham SC International Open Meet	Crystal Palace	Rushmoor Ryl	1
1:16.05	599		15/03/14	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
1:16.39	591	H	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
1:16.40	591		26/01/13	ASA Southern Region Zonal Competition	Crawley	Rushmoor Ryl	1
1:16.71	584	H	09/02/13	Derventio February Festival	Sheffield	Rushmoor Ryl	1
1:16.80	582	F	09/02/13	Derventio February Festival	Sheffield	Rushmoor Ryl	1
1:16.86	580		26/01/13	ASA Southern Region Zonal Competition	Crawley	Rushmoor Ryl	1
1:17.26	571	F	16/12/12	Portsmouth & Northsea Christmas Cracker	Portsmouth	Rushmoor Ryl	1
1:17.48	567	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Rushmoor Ryl	1
1:17.55	565		16/03/13	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
1:18.36	548	H	28/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	Rushmoor Ryl	1
1:18.38	547	H	25/07/12	BG ASA National Age Groups Championships	Sheffield	Rushmoor Ryl	1
1:18.50	545	F	29/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Rushmoor Ryl	1
1:18.61	542	F	29/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Rushmoor Ryl	1
1:18.62	542		16/03/13	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
1:18.66	541	H	18/02/18	BUCS Long Course Swimming Championships	Sheffield	Surrey	1
1:19.02	534		17/03/12	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
1:19.17	531		17/03/12	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
1:19.19	531	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Guildford Ct	1
1:19.34	528		09/06/12	ASA SER British Gas Age Group Championship	Crawley	Rushmoor Ryl	1
1:19.60	522	H	28/01/12	ASA South Zonal Meet	Millfield	Rushmoor Ryl	1
1:21.06	495		29/05/11	BG South East Region Age Group Championshi	Crawley	Rushmoor Ryl	1
1:21.21	492	H	21/05/11	Bracknell & Wokingham Open Meet	Aldershot	Rushmoor Ryl	1
1:22.23	474	H	24/07/11	British Gas ASA NAG Championships 2011	Sheffield	Rushmoor Ryl	1
1:22.66	466	F	22/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Rushmoor Ryl	1
1:22.81	464	H	22/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Rushmoor Ryl	1
1:22.96	461	F	15/01/12	Portsmouth Open Meet	Portsmouth	Rushmoor Ryl	1
1:25.09	428	H	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	Rushmoor Ryl	1
1:27.26	396	H	08/05/10	Berks & SBucks No Frills	Aldershot	Rushmoor Ryl	1
1:31.27	346		30/05/10	BG South East Region Age Groups	Crawley	Rushmoor Ryl	1
1:32.48	333	H	16/01/10	Rushmoor Royals New Year Meet	Aldershot	Rushmoor Ryl	3

1:36.90

289

13/06/09

South East Region Champs

Crawley

Rushmoor Ryl

1

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1:13.66	659	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Guildford Ct	1
1:13.77	656	F	08/01/17	UBSC New Year L1 Open Meet	Bristol	Guildford Ct	1
1:12.43	694	H	08/01/17	UBSC New Year L1 Open Meet	Bristol	Guildford Ct	1
1:10.60	749	F	31/07/16	British Summer Championships	Sheffield	Guildford Ct	1
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