

Individual Best Times (All Time)

Sarah Tripp - (497186) - Spencer Swim Team - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:17.14	589	H	24/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Rushmoor Ryl	1
5:23.73	553		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Rushmoor Ryl	1
5:24.15	551		04/05/14	ASA South East Region Youth Championships	Crawley	Rushmoor Ryl	1
5:24.50	550	H	28/09/14	Rushmoor Royals SC Club Championships 2014	Aldershot		4
5:25.25	546		02/03/13	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
5:27.26	536	H	22/09/13	Rushmoor Royals Club Championships	Guildford	Rushmoor Ryl	4
5:31.47	516		03/03/12	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
5:39.39	480		09/06/12	ASA SER British Gas Age Group Championship	Crawley	Rushmoor Ryl	1
5:43.97	461	H	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	Rushmoor Ryl	1
5:56.40	415	F	23/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Rushmoor Ryl	1
6:11.58	366		26/02/11	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:24.50	550	H	28/09/14	Rushmoor Royals SC Club Championships 2014	Aldershot		4
5:17.14	589	H	24/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Rushmoor Ryl	1
5:24.15	551		04/05/14	ASA South East Region Youth Championships	Crawley	Rushmoor Ryl	1
5:27.26	536	H	22/09/13	Rushmoor Royals Club Championships	Guildford	Rushmoor Ryl	4
5:23.73	553		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Rushmoor Ryl	1
5:25.25	546		02/03/13	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
5:39.39	480		09/06/12	ASA SER British Gas Age Group Championship	Crawley	Rushmoor Ryl	1
5:31.47	516		03/03/12	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
5:43.97	461	H	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	Rushmoor Ryl	1
5:56.40	415	F	23/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Rushmoor Ryl	1
6:11.58	366		26/02/11	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1