

# Individual Best Times (All Time)

Dominic Scifo - (496341) - Team Ipswich Swimming - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.12	511	H	02/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
1:11.23	509	F	02/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
1:11.93	494	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	teamipswich	1
1:11.98	493	H	10/07/16	ASA East Region Inter County Team Competition	Norwich	Suffolk	1
1:13.31	467	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	teamipswich	1
1:13.45	464	H	08/07/18	Swim England East Region Inter County Competition	UEA Sportspark	Suffolk	1
1:15.64	425	F	14/12/13	London National Arena Swimming League	Basildon	teamipswich	1
1:16.09	417	H	06/07/14	ASA East Region Inter County Championships	Basildon	teamipswich	1
1:16.45	411	H	26/04/14	National Arena League 'B' Final	Cardiff	teamipswich	1
1:16.49	411	F	03/11/13	UEA City of Norwich Big Bang Open Meet	Norwich	teamipswich	1
1:16.76	406	F	14/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	teamipswich	1
1:17.26	399	H	14/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	teamipswich	1

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1:16.49

411

F

03/11/13

UEA City of Norwich Big Bang Open Meet

Norwich

teamipswich

1