

Individual Best Times (All Time)

Alaina Scifo - (496333) - Team Ipswich Swimming - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.06	595	H	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	teamipswich	1
28.40	574	H	02/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
28.41	573	H	03/05/14	ASA East Region Youth Championships	Luton	teamipswich	1
28.63	560	H	17/05/15	Northampton Spring Festival	Corby		1
28.70	556	H	30/04/16	ASA East Region Long Course Championships	Norwich	teamipswich	1
28.74	554	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	teamipswich	1
28.80	550	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	teamipswich	1
32.74	375	H	26/04/09	National Swimming League Cup Final	Sheffield	teamipswich	1

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