

Individual Best Times (All Time)

Samantha-Jo Hollings - (490846) - Preston Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:30.37	521	H	04/03/12	Lancashire County Championships	Liverpool	Preston	1
5:35.48	497	H	17/03/13	Lancashire County Championships	Liverpool	Preston	1
5:36.36	493	F	13/05/12	City of Manchester Aquatics Swim Team Open	Manchester	Preston	1

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