

Individual Best Times (All Time)

Rachel Cox - (490405) - Wycombe District SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:06.25	714	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Wycombe Dist	1
2:06.27	713	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Wycombe Dist	1
2:06.40	711	F	02/08/17	Swim England National Summer Meet (50m)	Sheffield	Wycombe Dist	1
2:06.84	704	H	01/03/18	Edinburgh International Inc British Championships	Edinburgh	Wycombe Dist	1
2:07.16	698	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Wycombe Dist	1
2:07.54	692	H	02/08/17	Swim England National Summer Meet (50m)	Sheffield	Wycombe Dist	1
2:07.72	689	H	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	Wycombe Dist	1
2:08.15	682	H	24/07/18	British Summer Championships	Sheffield	Wycombe Dist	1
2:08.26	681	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Wycombe Dist	1
2:08.36	679	H	01/04/18	Beckenham SC 125th Anniversary International Open	London	Wycombe Dist	1
2:08.73	673	H	07/05/18	Swim England South East Championships 2018	Wycombe	Wycombe Dist	1
2:08.77	673	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Wycombe Dist	1
2:08.90	671	H	31/05/15	ASASER Swimming Championships	Crawley	Wycombe Dist	1
2:09.10	667	H	02/05/16	ASA South East Region Swimming Championships	Portsmouth	Wycombe Dist	1
2:09.11	667	F	11/04/15	Guildford City Inaugural Level 1 Long Course Meet	Guildford	Wycombe Dist	1
2:09.31	664	H	28/07/15	British Summer Championships	Sheffield	Wycombe Dist	1
2:09.36	663	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Wycombe Dist	1
2:10.33	649	F	06/06/14	Cardiff International Open Meet	Cardiff	Wycombe Dist	1
2:10.50	646	H	27/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	Wycombe Dist	1
2:10.57	645	H	07/05/18	Swim England South East Championships 2018	Wycombe	Wycombe Dist	1
2:10.59	645	F	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	Wycombe Dist	1
2:10.77	642	H	27/05/17	Cardiff International Open Meet 2017	Cardiff	Wycombe Dist	1
2:10.94	640	F	11/04/15	Guildford City Inaugural Level 1 Long Course Meet	Guildford	Wycombe Dist	1
2:11.11	637	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Wycombe Dist	1
2:11.18	636	F	22/03/15	Essa SE Division Inter County Gala	Surrey		1
2:11.41	633	F	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Wycombe Dist	1
2:11.84	627	H	01/08/14	BC ASA National Age Group Champs 2014	Sheffield	Wycombe Dist	1

2:11.04	627	H	01/06/14	GB ASA National Age Groups Champs 2014	Sheffield	Wycombe Dist	1
2:11.96	625	H	31/05/15	ASASER Swimming Championships	Crawley	Wycombe Dist	1
2:11.96	625	F	19/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Wycombe Dist	1
2:12.09	623	F	19/07/15	Wycombe District End of Season Meet	Wycombe	Wycombe Dist	3
2:12.17	622	H	06/06/14	Cardiff International Open Meet	Cardiff	Wycombe Dist	1
2:12.24	621	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Wycombe Dist	1
2:12.43	618	F	13/04/14	Crawley Spring Open Meet	Crawley	Wycombe Dist	1
2:12.69	615	H	13/12/19	Amsterdam Euro Cup	Amsterdam, Holland		1
2:12.77	614	F	20/09/14	Wycombe District Club Gala	Wycombe	Wycombe Dist	4
2:13.32	606	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Wycombe Dist	1
2:13.59	602	H	16/04/17	PNSC Easter Meet	Portsmouth	Wycombe Dist	1
2:13.66	601	H	15/02/20	Speedo and BUCS Long Course Swimming Champs 2020	Sheffield		1
2:13.72	601	H	02/05/16	ASA South East Region Swimming Championships	Portsmouth	Wycombe Dist	1
2:13.85	599	H	25/06/15	Scottish National Open Championships	Glasgow	Wycombe Dist	1
2:14.07	596	H	20/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	Wycombe Dist	1
2:14.22	594	F	20/07/14	Wycombe District SC End of Season Meet	Wycombe	Wycombe Dist	3
2:15.12	582	F	16/09/17	2017 WDSC Club Championships	Wycombe	Wycombe Dist	4
2:15.56	576	H	27/05/16	City of Cardiff Open Meet	Cardiff	Wycombe Dist	1
2:15.85	573		05/05/14	ASA South East Region Youth Championships	Guildford	Wycombe Dist	1
2:16.42	566	F	28/02/16	Aquae Sulis Spring Grand Prix	Bristol	Wycombe Dist	1
2:16.59	563	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Wycombe Dist	1
2:16.71	562	H	21/12/13	Derventio eXcel Christmas Cracker Meet	Sheffield	Wycombe Dist	1
2:17.98	547	H	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	Wycombe Dist	1
2:18.21	544	F	09/02/14	Wycombe District Annual LC Open Meet	Wycombe	Wycombe Dist	1
2:18.96	535	F	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	Wycombe Dist	4
2:22.14	500	F	17/11/13	Crawley Not So Early Bird Meet	Crawley	Wycombe Dist	1
2:23.86	482	F	21/09/13	Wycombe District SC Club Championships	Wycombe	Wycombe Dist	4
2:24.07	480	H	14/07/13	Wycombe District SC End of Season Meet	Wycombe	Wycombe Dist	3
2:29.42	430	F	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	Wycombe Dist	1
2:30.13	424	F	14/07/13	Wycombe District SC End of Season Meet	Wycombe	Wycombe Dist	3
2:30.26	423	F	18/11/12	Crawley Not So Early Bird Meet	Crawley	Wycombe Dist	1
2:30.42	422	F	17/02/13	Wycombe District Annual LC Open Meet	Wycombe	Wycombe Dist	1
2:34.23	391	F	07/10/12	Crawley SC Long Course Opportunity Meet	Crawley	Wycombe Dist	3
2:36.25	376	F	25/03/12	Tiger Bay Open Meet	Cardiff	Wycombe Dist	1
2:42.60	334	F	12/02/12	Wycombe District Open Meet 2012	Wycombe	Wycombe Dist	1
2:43.86	326	F	28/11/10	Welsh Capital One Meet	Cardiff	Wycombe Dist	2
2:46.23	312	H	07/05/11	City of Coventry May Open Meet	Coventry	Wycombe Dist	1
2:49.27	296	F	13/02/11	Wycombe District Annual Long Course Meet	High Wycombe	Wycombe Dist	1
2:50.15	291	F	19/12/10	Hillingdon Winter Meet	Hillingdon	Wycombe Dist	1
2:52.01	282	H	10/07/10	Co Coventry Graham Sykes	Coventry	Wycombe Dist	3
2:58.29	253	F	11/04/10	Tiger Bay Open Meet	Cardiff	Wycombe Dist	3

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