

Individual Best Times (All Time)

Rachel Cox - (490405) - Wycombe District SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:32.62	525	F	15/07/17	WDSC End of Season Open Meet 2017	Wycombe	Wycombe Dist	3
2:34.03	510	F	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	Wycombe Dist	1
2:34.27	508	H	13/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	Wycombe Dist	1
2:36.26	489	H	20/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	Wycombe Dist	1
2:38.93	465	F	19/07/14	Wycombe District SC End of Season Meet	Wycombe	Wycombe Dist	3
2:40.07	455	F	16/07/16	Wycombe District End of Season Open Meet 2016	Wycombe	Wycombe Dist	3
2:42.86	432	F	08/02/14	Wycombe District Annual LC Open Meet	Wycombe	Wycombe Dist	1
2:46.35	405	F	13/04/14	Crawley Spring Open Meet	Crawley	Wycombe Dist	1
2:46.52	404	F	17/11/13	Crawley Not So Early Bird Meet	Crawley	Wycombe Dist	1
2:48.05	393	F	21/09/14	Wycombe District Club Gala	Wycombe	Wycombe Dist	4
2:49.73	381	H	13/07/13	Wycombe District SC End of Season Meet	Wycombe	Wycombe Dist	3
2:49.75	381	F	22/09/13	Wycombe District SC Club Championships	Wycombe	Wycombe Dist	4
2:49.94	380	F	20/09/15	Wycombe District Swim Club Club Championships	Wycombe	Wycombe Dist	4
2:51.00	373	F	16/02/13	Wycombe District Annual LC Open Meet	Wycombe	Wycombe Dist	1
2:56.14	341	F	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	Wycombe Dist	1
3:04.31	298	F	25/03/12	Tiger Bay Open Meet	Cardiff	Wycombe Dist	1
3:04.56	297	F	07/10/12	Crawley SC Long Course Opportunity Meet	Crawley	Wycombe Dist	3
3:06.56	287	F	28/11/10	Welsh Capital One Meet	Cardiff	Wycombe Dist	2
3:09.33	275	H	07/05/11	City of Coventry May Open Meet	Coventry	Wycombe Dist	1
3:10.69	269	F	11/02/12	Wycombe District Open Meet 2012	Wycombe	Wycombe Dist	1
3:13.07	259	F	11/04/10	Tiger Bay Open Meet	Cardiff	Wycombe Dist	3
3:19.74	234		13/02/10	Wycombe District Annual Meet	High Wycombe	Wycombe Dist	1
3:22.57	224	H	10/07/10	Co Coventry Graham Sykes	Coventry	Wycombe Dist	3

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