

# Individual Best Times (All Time)

Aisha Karouai - (490097) - Putteridge Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                      | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 6:51.52 | 269    | H     | 09/06/12 | British Gas ASA East Region BAGCAT Champs | Norwich | Team Luton      | 1     |
| 6:54.86 | 263    | F     | 07/04/12 | UEA City of Norwich Easter Meet           | Norwich | Team Luton      | 1     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                      | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 6:51.52 | 269    | H     | 09/06/12 | British Gas ASA East Region BAGCAT Champs | Norwich | Team Luton      | 1     |
| 6:54.86 | 263    | F     | 07/04/12 | UEA City of Norwich Easter Meet           | Norwich | Team Luton      | 1     |