

Individual Best Times (All Time)

Aisha Karouai - (490097) - Putteridge Swimming Club - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:48.48	390	H	08/03/15	Bedfordshire ASA County Championships	Luton		1
2:48.63	389	H	31/01/16	Bedfordshire Age Group & County Champs	Luton	Putteridge	1
2:48.63	389	H	31/01/16	Bedfordshire Age Group & County Champs	Luton	Putteridge	1
2:58.04	330	H	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Team Luton	1
3:01.26	313	H	10/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Team Luton	1
3:03.19	303	F	06/04/12	UEA City of Norwich Easter Meet	Norwich	Team Luton	1

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