

Individual Best Times (All Time)

Emma Kennedy - (489438) - Larkhall Avondale ASC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.48	513	H	02/02/20	2020 WD Long Course Championships - WE2	Tollcross		1
29.61	506	H	27/05/16	East District Open & Grand Prix	Edinburgh	Larkhall	1
29.61	506	H	18/02/18	2018 WD Long Course Championships - Round 2	Glasgow	Larkhall	1
29.83	495	H	01/02/20	2020 WD Long Course Championships - WE2	Tollcross		1
29.96	489	H	05/02/17	2017 SASA West District Championships	East Kilbride	Larkhall	1
30.02	486	H	31/05/15	East District Open with SASA Grand Prix	Edinburgh	Larkhall	1
30.03	485	H	03/06/16	East Kilbride Long Course Open Age Group Meet	East Kilbride	Larkhall	2
30.42	467	F	27/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	Larkhall	1
30.44	466	H	05/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	Larkhall	2
30.49	464	H	09/05/15	SASA West District Championships	East Kilbride	Larkhall	1
31.35	427	H	10/05/14	2014 SASA West District LC OAG Championship	East Kilbride	Larkhall	1
31.86	406	H	12/05/13	Celtic Tri Nations 2013	East Kilbride	Larkhall	1
34.80	312	H	12/06/11	South Lanarkshire Meet	East Kilbride	Larkhall	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.48	513	H	02/02/20	2020 WD Long Course Championships - WE2	Tollcross		1
29.83	495	H	01/02/20	2020 WD Long Course Championships - WE2	Tollcross		1
30.42	467	F	27/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	Larkhall	1
29.61	506	H	18/02/18	2018 WD Long Course Championships - Round 2	Glasgow	Larkhall	1
29.96	489	H	05/02/17	2017 SASA West District Championships	East Kilbride	Larkhall	1
30.03	485	H	03/06/16	East Kilbride Long Course Open Age Group Meet	East Kilbride	Larkhall	2
29.61	506	H	27/05/16	East District Open & Grand Prix	Edinburgh	Larkhall	1
30.44	466	H	05/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	Larkhall	2
30.02	486	H	31/05/15	East District Open with SASA Grand Prix	Edinburgh	Larkhall	1
30.49	464	H	09/05/15	SASA West District Championships	East Kilbride	Larkhall	1

31.35	427	H	10/05/14	2014 SASA West District LC OAG Championship	East Kilbride	Larkhall	1
31.86	406	H	12/05/13	Celtic Tri Nations 2013	East Kilbride	Larkhall	1
34.80	312	H	12/06/11	South Lanarkshire Meet	East Kilbride	Larkhall	2