

# Individual Best Times (All Time)

Lucy Howes - (485160) - Folkestone SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:33.67	552		03/05/14	ASA South East Region Youth Championships	Crawley	E I eXcel	1
2:34.42	544	F	22/03/15	Essa SE Division Inter County Gala	Surrey		1
2:35.20	536	H	14/02/16	Kent Swimming Championships 2016	London	Shepway SC	1
2:36.35	524	H	31/05/15	ASASER Swimming Championships	Crawley		1
2:38.78	501	F	19/11/11	Crawley Not So Early Bird Meet	Crawley	Folkestone	1
2:41.37	477		10/06/12	ASA SER British Gas Age Group Championship	Crawley	Folkestone	1
2:41.96	472		28/05/11	BG South East Region Age Group Championshi	Crawley	Folkestone	1
2:45.55	442	H	12/05/13	Beckenham SC International Open Meet	Crystal Palace	Folkestone	1
2:46.11	437		06/05/12	British Gas South East Youth Championship	Crawley	Folkestone	1

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