

Individual Best Times (All Time)

James Burke - (483962) - Cleethorpes & Dist SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 5:20.20 | 434 | H | 26/02/11 | Yorkshire County Championships | Leeds | Cleethorpes | 1 |
| 5:20.63 | 432 | H | 25/02/12 | Yorkshire County Championships | Leeds | Cleethorpes | 1 |
| 5:20.67 | 432 | F | 22/01/11 | City of Liverpool Winter Distance Meet | Liverpool | Cleethorpes | 1 |
| 5:29.65 | 398 | H | 06/06/10 | BG North East Bagcats | Sheffield | Cleethorpes | 1 |
| 5:33.13 | 385 | H | 05/04/10 | Derventio Excel Open 2010 | Sheffield | Cleethorpes | 1 |
| 5:35.83 | 376 | H | 27/02/10 | Yorkshire County Champs | Leeds | Cleethorpes | 1 |
| 5:48.58 | 336 | H | 03/10/09 | Co Leeds Junior Open Meet | Leeds | Cleethorpes | 1 |
| 5:49.43 | 334 | H | 07/06/09 | ASNER Bagcat Championship | Sheffield | Cleethorpes | 1 |
| 5:49.65 | 333 | F | 07/06/09 | ASNER Bagcat Championship | Sheffield | Cleethorpes | 1 |
| 5:51.11 | 329 | H | 02/05/09 | Radford 27th Annual Open | Sheffield | Cleethorpes | 2 |
| 5:54.72 | 319 | H | 12/04/09 | Derventio Excel 3rd Open | Sheffield | Cleethorpes | 1 |
| 6:05.83 | 291 | H | 28/02/09 | Yorkshire County Champs | Leeds | Cleethorpes | 2 |
| 6:27.38 | 245 | H | 04/10/08 | City of Leeds Junior Open | Leeds | Cleethorpes | 2 |
| 6:27.80 | 244 | H | 08/06/08 | North East Bagcat Champs | Sheffield | Cleethorpes | 1 |
| 6:51.18 | 205 | H | 08/03/08 | Yorkshire County Champs | Leeds | Cleethorpes | 2 |
| 7:01.72 | 190 | H | 26/04/08 | Coventry Spring Open Meet | Coventry | Cleethorpes | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 5:20.63 | 432 | H | 25/02/12 | Yorkshire County Championships | Leeds | Cleethorpes | 1 |
| 5:20.20 | 434 | H | 26/02/11 | Yorkshire County Championships | Leeds | Cleethorpes | 1 |
| 5:20.67 | 432 | F | 22/01/11 | City of Liverpool Winter Distance Meet | Liverpool | Cleethorpes | 1 |
| 5:29.65 | 398 | H | 06/06/10 | BG North East Bagcats | Sheffield | Cleethorpes | 1 |
| 5:33.13 | 385 | H | 05/04/10 | Derventio Excel Open 2010 | Sheffield | Cleethorpes | 1 |
| 5:35.83 | 376 | H | 27/02/10 | Yorkshire County Champs | Leeds | Cleethorpes | 1 |
| 5:48.58 | 336 | H | 03/10/09 | Co Leeds Junior Open Meet | Leeds | Cleethorpes | 1 |

| | | | | | | | |
|---------|-----|---|----------|---------------------------|-----------|-------------|---|
| 5:49.65 | 333 | F | 07/06/09 | ASNER Bagcat Championship | Sheffield | Cleethorpes | 1 |
| 5:49.43 | 334 | H | 07/06/09 | ASNER Bagcat Championship | Sheffield | Cleethorpes | 1 |
| 5:51.11 | 329 | H | 02/05/09 | Radford 27th Annual Open | Sheffield | Cleethorpes | 2 |
| 5:54.72 | 319 | H | 12/04/09 | Derventio Excel 3rd Open | Sheffield | Cleethorpes | 1 |
| 6:05.83 | 291 | H | 28/02/09 | Yorkshire County Champs | Leeds | Cleethorpes | 2 |
| 6:27.38 | 245 | H | 04/10/08 | City of Leeds Junior Open | Leeds | Cleethorpes | 2 |
| 6:27.80 | 244 | H | 08/06/08 | North East Bagcat Champs | Sheffield | Cleethorpes | 1 |
| 7:01.72 | 190 | H | 26/04/08 | Coventry Spring Open Meet | Coventry | Cleethorpes | 1 |
| 6:51.18 | 205 | H | 08/03/08 | Yorkshire County Champs | Leeds | Cleethorpes | 2 |