

# Individual Best Times (All Time)

Luke Sugden - (481731) - Hatfield SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:09.95	682	H	04/08/18	Swim England National Summer Meet	Sheffield	Hatfield	1
4:10.95	674	F	04/08/18	Swim England National Summer Meet	Sheffield	Hatfield	1
4:13.18	656	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Hatfield	1
4:14.81	644	H	20/04/19	Team Luton April Open Meet	Luton	Hatfield	1
4:14.94	643	H	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Hatfield	1
4:15.18	641	H	14/04/18	Team Luton April Long Course Meet 2018	Luton	Hatfield	1
4:15.26	640	H	30/04/17	ASA East Long Course Championships	Luton	Hatfield	1
4:17.87	621	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Hatfield	1
4:20.90	600	H	01/05/16	ASA East Region Long Course Championships	Norwich	Hatfield	1
4:22.05	592	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
4:22.08	592	H	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
4:22.33	590	H	13/02/16	International Swim Meet "Victoria" Rijeka	Croatia	Hatfield	1
4:24.04	578	H	26/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Hatfield	1
4:25.57	569	H	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	Hatfield	1
4:34.34	516	H	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	Hatfield	1
4:48.35	444	H	09/02/14	Derventio Excel February Festival	Sheffield	Hatfield	1

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