

Individual Best Times (All Time)

Chloe Lence - (481670) - Bedford Swim Squad - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:27.96	677	H	08/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Bedford SS	1
4:29.20	668	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Bedford SS	1
4:30.55	658	H	29/04/17	ASA East Long Course Championships	Luton	Bedford SS	1
4:31.24	653	H	22/04/17	British Swimming Championships 2017	Sheffield	Bedford SS	1
4:31.52	651	H	13/02/16	Bedfordshire Age Group & County Champs	Luton	Bedford SS	1
4:31.62	650	H	30/04/16	ASA East Region Long Course Championships	Norwich	Bedford SS	1
4:31.65	650	F	10/03/17	Edinburgh International Meet 2017	Edinburgh	East Region	1
4:32.10	647	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Bedford SS	1
4:32.10	647	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Bedford SS	1
4:32.18	646	H	15/05/16	Team Luton May Long Course Meet	Luton	Bedford SS	1
4:35.16	625	H	17/04/16	Team Luton April Long Course Meet	Luton	Bedford SS	1
4:36.20	618	H	23/05/15	ASA East Region Summer Championships	Norwich		1
4:39.32	598	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bedford SS	1
4:41.25	586	H	12/04/15	Team Luton April Long Course Meet	Luton		1
4:41.38	585	H	21/03/15	Bedfordshire ASA County Championships	Luton		1
4:42.53	578	H	02/08/15	British Summer Championships	Sheffield		1
4:45.68	559	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Bedford SS	1
4:46.07	557	H	08/06/14	BGASA East Region Championships 2014	Norwich	Bedford SS	1
4:51.65	525	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Bedford SS	1
5:00.97	478	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Bedford SS	1
5:03.70	465	H	02/06/13	BGASA East Region Age Group Champs	Norwich	Bedford SS	1
5:11.16	432	F	31/03/13	City of Norwich SC Easter Meet 2013	Norwich	Bedford SS	1
5:11.39	431	H	19/10/13	Lincoln Vulcans Long Course Meet	Sheffield	Bedford SS	1
5:11.78	430	F	13/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	Bedford SS	3
5:26.06	376	H	06/10/12	32nd Robin Hood Open Meet	Sheffield	Bedford SS	1
5:38.90	335	H	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Bedford SS	1

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