

# Individual Best Times (All Time)

Haydn Good - (478364) - City of Southend on Sea SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:42.10	474	H	20/02/16	Essex Age Group Championships 2016	Basildon	Southend	1
4:48.09	445	H	21/01/17	Essex Age Group Championships 2017	Basildon	Southend	1
4:48.09	445	H	21/01/17	Essex Age Group Championships	London	Southend	1
4:48.09	445	H	21/01/17	Essex Age Group Championships 2017	Basildon	Southend	1
5:03.81	380	H	16/12/12	Basildon & Phoenix LC Winter Meet	Basildon	Southend	1
5:14.63	342	H	26/05/12	Greenwich Borough ASA Beacon Open Meet	Crystal Palace	Southend	1

## Swims in Date Order

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