

Individual Best Times (All Time)

Jenny Adams - (473084) - Galashiels ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:37.36	489	H	03/04/14	Scottish Gas National Open Championships	Glasgow	Kelso	1
5:37.44	489	H	25/06/15	Scottish National Open Championships	Glasgow	B.E.S.T.	1
5:39.51	480	H	02/06/13	East District Open & Grand Prix Round 3	Edinburgh	Kelso	1
5:44.10	461	H	02/02/14	East District Open incorporating Grand Prix	Edinburgh	Kelso	1

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