

Individual Best Times (All Time)

Niamh Cogley-Rock - (469806) - Armthorpe & District SC - 100 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.04	385	H	03/07/11	Borough of Barnsley SC Summer Sizzler	Sheffield	Armthorpe	3

Swims in Date Order

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