

Individual Best Times (All Time)

Niamh Cogley-Rock - (469806) - Armthorpe & District SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.57	430	H	16/03/13	Yorkshire County Championships	Sheffield	Armthorpe	1
36.29	405	H	17/03/12	Yorkshire County Championships	Sheffield	Armthorpe	1
36.43	400	H	19/03/11	Yorkshire County Championships	Sheffield	Armthorpe	1
38.94	328	H	20/03/10	Yorkshire County Champs	Sheffield	Armthorpe	1
42.94	244	H	21/03/09	Yorkshire County Champs	Sheffield	Armthorpe	2

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