

Individual Best Times (All Time)

Thomas Holland - (456150) - Shrewsbury SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:53.20	422	H	13/07/14	Northampton Summer Festival Open Meet	Corby	Ellesmere Co	3
5:02.21	386	H	02/11/13	City of Sunderland Firecracker 2013	Sunderland	Ellesmere Co	3
5:31.27	293	H	15/07/12	Northampton SC Summer Festival Meet 2012	Corby	Ellesmere Co	4
6:11.45	207	H	26/03/11	City of Sunderland Spring Meet	Sunderland	Ellesmere Co	3

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