

Individual Best Times (All Time)

Abigail Kirsop - (454891) - South Tyneside SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:59.12	487	H	27/02/16	Northumberland & Durham County Champs	Sunderland	South Tyne	1
5:00.95	478	H	28/05/16	ASANER Regional Championships 2016	Sheffield	South Tyne	1
5:04.35	462	H	17/01/16	City of Sunderland New Year Meet	Sunderland	South Tyne	1
5:11.53	431	H	13/06/15	ASA North East Regional Age Group Championships	Sheffield		1
5:15.39	415	H	28/02/15	Northumberland & Durham County Championships	Sunderland		1
5:19.37	400	H	02/11/14	City of Sunderland Firecracker Meet	Sunderland		3
5:25.51	378	H	24/01/15	Burns Open Meet 2015	Sheffield		1
5:51.75	299	H	22/02/14	Northumberland & Durham SA County Champs	Sunderland	South Tyne	1
6:07.72	262	H	05/01/13	City of Sunderland New Year Meet	Sunderland	South Tyne	3

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