

Individual Best Times (All Time)

Jack Harris - (454474) - Basildon and Phoenix SC - 200 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:20.60	244	H	16/12/12	Basildon & Phoenix LC Winter Meet	Basildon	Basildon Ph	1

Swims in Date Order

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