

# Individual Best Times (All Time)

Jack Harris - (454474) - Basildon and Phoenix SC - 200 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.34	346	H	24/11/13	Essex Winter Long Course Competition	Basildon	Basildon Ph	1

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