

# Individual Best Times (All Time)

Nathan Wells - (451158) - West Norfolk Swimming Club - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.28	530	F	05/03/23	CONSC March LC Open Meet 2023	Sportspark		3
1:11.16	510	H	02/02/19	Norfolk County Championships 2019	Norwich	West Norfolk	1
1:11.60	501	F	02/02/19	Norfolk County Championships 2019	Norwich	West Norfolk	1
1:11.92	494	F	01/02/20	Norfolk County Championships 2019	Norwich	West Norfolk	1
1:11.95	494	H	01/02/20	Norfolk County Championships 2019	Norwich	West Norfolk	1
1:13.18	469	H	29/04/17	ASA East Long Course Championships	Luton	West Norfolk	1
1:14.27	449	H	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	West Norfolk	1
1:14.71	441	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich		1
1:14.75	440	H	27/06/15	ESSA Inter-Divisional Championships	Sunderland		1
1:15.05	435	H	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich		1
1:15.05	435	F	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich		1
1:15.41	429	H	11/07/15	Bishops Stortford End of Season LC Open Meet	Luton	West Norfolk	3
1:16.79	406	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	West Norfolk	1
1:17.12	401	H	06/07/14	ASA East Region Inter County Championships	Basildon	Norfolk	1
1:17.13	401	H	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	West Norfolk	1
1:19.48	366	H	19/10/13	Lincoln Vulcans Long Course Meet	Sheffield	West Norfolk	1
1:19.66	364	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	West Norfolk	1
1:22.25	330	H	09/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	West Norfolk	1
1:26.41	285	H	07/04/12	UEA City of Norwich Easter Meet	Norwich	West Norfolk	1
1:28.12	268	H	15/10/11	Lincoln Vulcans Open Meet	Sheffield	West Norfolk	1
1:36.39	205	H	16/10/10	Lincoln Vulcans Open Meet	Sheffield	West Norfolk	1
1:40.60	180	H	17/10/09	Lincoln Vulcans Open Meet	Sheffield	West Norfolk	1
1:54.14	123	H	11/01/09	City of Derby Open Meet	Sheffield	West Norfolk	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
------	--------	-------	------	------	-------	-----------------	-------

1:10.28	530	F	05/03/23	CONSC March LC Open Meet 2023	Sportspark		3
1:11.92	494	F	01/02/20	Norfolk County Championships 2019	Norwich	West Norfolk	1
1:11.95	494	H	01/02/20	Norfolk County Championships 2019	Norwich	West Norfolk	1
1:11.60	501	F	02/02/19	Norfolk County Championships 2019	Norwich	West Norfolk	1
1:11.16	510	H	02/02/19	Norfolk County Championships 2019	Norwich	West Norfolk	1
1:13.18	469	H	29/04/17	ASA East Long Course Championships	Luton	West Norfolk	1
1:15.41	429	H	11/07/15	Bishops Stortford End of Season LC Open Meet	Luton	West Norfolk	3
1:14.75	440	H	27/06/15	ESSA Inter-Divisional Championships	Sunderland		1
1:14.27	449	H	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	West Norfolk	1
1:15.05	435	F	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich		1
1:15.05	435	H	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich		1
1:14.71	441	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich		1
1:16.79	406	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	West Norfolk	1
1:17.12	401	H	06/07/14	ASA East Region Inter County Championships	Basildon	Norfolk	1
1:17.13	401	H	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	West Norfolk	1
1:19.48	366	H	19/10/13	Lincoln Vulcans Long Course Meet	Sheffield	West Norfolk	1
1:19.66	364	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	West Norfolk	1
1:22.25	330	H	09/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	West Norfolk	1
1:26.41	285	H	07/04/12	UEA City of Norwich Easter Meet	Norwich	West Norfolk	1
1:28.12	268	H	15/10/11	Lincoln Vulcans Open Meet	Sheffield	West Norfolk	1
1:36.39	205	H	16/10/10	Lincoln Vulcans Open Meet	Sheffield	West Norfolk	1
1:40.60	180	H	17/10/09	Lincoln Vulcans Open Meet	Sheffield	West Norfolk	1
1:54.14	123	H	11/01/09	City of Derby Open Meet	Sheffield	West Norfolk	1