

Individual Best Times (All Time)

Nathan Wells - (451158) - West Norfolk Swimming Club - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.54	698	H	04/04/23	British Swimming Championships 2023	Sheffield	West Norfolk	1
26.55	697	H	23/07/23	British Summer Championships	Sheffield	West Norfolk	1
26.86	673	F	29/04/23	Swim England East Region LC Championships 2023	Norwich	West Norfolk	1
26.87	673	H	05/04/22	British Championships 2022	Sheffield	West Norfolk	1
26.88	672	H	23/07/22	British Summer Championships	Sheffield	West Norfolk	1
27.00	663	F	02/08/18	Swim England National Summer Meet	Sheffield	Lboro Uni	1
27.12	654	F	30/04/22	SE East Region Long Course Championships 2022	Norwich	West Norfolk	1
27.15	652	F	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Lboro Uni	1
27.18	650	F	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	West Norfolk	1
27.18	650	F	28/01/23	Norfolk County Championships 2023	Norwich	West Norfolk	1
27.18	650	F	20/04/24	Swim England East Region LC Championships 2024	Luton	West Norfolk	1
27.19	649	F	03/02/19	Norfolk County Championships 2019	Norwich	West Norfolk	1
27.20	649	H	15/12/17	Swim England Winter Championships 2017	Sheffield	Lboro Uni	1
27.27	644	H	28/01/23	Norfolk County Championships 2023	Norwich	West Norfolk	1
27.28	643	H	26/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	West Norfolk	1
27.30	641	H	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	West Norfolk	1
27.31	641	H	02/08/18	Swim England National Summer Meet	Sheffield	Lboro Uni	1
27.32	640	H	27/01/24	SE Norfolk County Championships 2024	Norwich	West Norfolk	1
27.34	639	H	30/04/22	SE East Region Long Course Championships 2022	Norwich	West Norfolk	1
27.39	635	H	06/04/24	Derby Excel April Meet	Sheffield	West Norfolk	1
27.45	631	F	15/12/17	Swim England Winter Championships 2017	Sheffield	Lboro Uni	1
27.46	630	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Lboro Uni	1
27.46	630	H	20/04/24	Swim England East Region LC Championships 2024	Luton	West Norfolk	1
27.55	624	H	27/02/22	Norfolk County Championships	UEA Sportspark	West Norfolk	1
27.59	621	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	West Norfolk	1
27.62	619	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	West Norfolk	1
27.67	616	H	29/04/23	Swim England East Region LC Championships 2023	Norwich	West Norfolk	1

27.07	610	H	29/04/23	Swim England East Region LC Championships 2023	Norwich	West Norfolk	1
27.71	613	H	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Lboro Uni	1
27.73	612	H	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	West Norfolk	1
27.80	607	F	27/01/24	SE Norfolk County Championships 2024	Norwich	West Norfolk	1
27.81	607	H	05/11/17	East Region Winter Championships	Norwich	West Norfolk	1
27.81	607	H	12/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	West Norfolk	1
27.83	605	H	03/02/19	Norfolk County Championships 2019	Norwich	West Norfolk	1
27.86	603	H	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	West Norfolk	3
28.00	594	H	29/04/17	ASA East Long Course Championships	Luton	West Norfolk	1
28.01	594	F	02/02/20	Norfolk County Championships 2019	Norwich	West Norfolk	1
28.02	593	F	05/11/17	East Region Winter Championships	Norwich	West Norfolk	1
28.02	593	H	14/01/18	Norfolk County Championships 2018	Norwich	West Norfolk	1
28.04	592	F	14/01/18	Norfolk County Championships 2018	Norwich	West Norfolk	1
28.11	588	H	26/03/17	City of Sheffield Premier Meet	Sheffield	West Norfolk	1
28.17	584	F	29/04/17	ASA East Long Course Championships	Luton	West Norfolk	1
28.21	581	H	02/02/20	Norfolk County Championships 2019	Norwich	West Norfolk	1
28.23	580	F	30/04/16	ASA East Region Long Course Championships	Norwich	West Norfolk	1
28.23	580	F	26/03/17	City of Sheffield Premier Meet	Sheffield	West Norfolk	1
28.24	579	F	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich		1
28.27	578	H	30/04/16	ASA East Region Long Course Championships	Norwich	West Norfolk	1
28.30	576	H	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	West Norfolk	1
28.38	571	H	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	West Norfolk	1
28.40	570	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	West Norfolk	1
28.41	569	H	13/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	West Norfolk	1
28.46	566	F	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	West Norfolk	1
28.48	565	H	06/08/15	ASA Summer Nationals 2015	Sheffield	West Norfolk	1
28.53	562	F	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	West Norfolk	1
28.54	561	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich		1
28.73	550	F	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	West Norfolk	1
28.74	550	H	15/05/16	Northampton 2016 Long Course Spring Festival	Corby	West Norfolk	1
28.75	549	H	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich		1
28.92	539	H	17/05/15	Northampton Spring Festival	Corby	West Norfolk	1
28.94	538	F	08/12/13	ASA East Regionals Winter Championships	Norwich	West Norfolk	1
28.94	538	H	11/07/15	Bishops Stortford End of Season LC Open Meet	Luton	West Norfolk	3
28.96	537	H	12/04/15	Derwentio Excel 9th Open Meet	Sheffield	West Norfolk	1
29.16	526	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	West Norfolk	1
29.26	521	F	03/05/14	ASA East Region Youth Championships	Luton	West Norfolk	1
29.31	518	H	08/12/13	ASA East Regionals Winter Championships	Norwich	West Norfolk	1
29.37	515	H	03/05/14	ASA East Region Youth Championships	Luton	West Norfolk	1
29.43	512	H	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	West Norfolk	1
29.48	509	F	26/01/14	Central Zonal Meet 2014	Corby	West Norfolk	1
29.50	508	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	West Norfolk	1
29.57	505	H	26/01/14	Central Zonal Meet 2014	Corby	West Norfolk	1
30.38	465	H	04/05/13	ASA East Region Youth Championships	Luton	West Norfolk	1
30.83	445	H	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	West Norfolk	1
32.42	383	F	07/04/12	UEA City of Norwich Easter Meet	Norwich	West Norfolk	1
35.12	301	H	09/04/11	City of Norwich Easter Meet	Norwich	West Norfolk	1
37.63	245	H	03/04/10	City of Norwich Easter Meet	Norwich	West Norfolk	1
42.73	167	H	11/01/09	City of Derby Open Meet	Sheffield	West Norfolk	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.86	603	H	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	West Norfolk	3
27.18	650	F	20/04/24	Swim England East Region LC Championships 2024	Luton	West Norfolk	1

27.10	630	F	20/04/24	Swim England East Region LC Championships 2024	Luton	West Norfolk	1
27.46	630	H	20/04/24	Swim England East Region LC Championships 2024	Luton	West Norfolk	1
27.39	635	H	06/04/24	Derby Excel April Meet	Sheffield	West Norfolk	1
27.73	612	H	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	West Norfolk	1
27.80	607	F	27/01/24	SE Norfolk County Championships 2024	Norwich	West Norfolk	1
27.32	640	H	27/01/24	SE Norfolk County Championships 2024	Norwich	West Norfolk	1
26.55	697	H	23/07/23	British Summer Championships	Sheffield	West Norfolk	1
26.86	673	F	29/04/23	Swim England East Region LC Championships 2023	Norwich	West Norfolk	1
27.67	616	H	29/04/23	Swim England East Region LC Championships 2023	Norwich	West Norfolk	1
26.54	698	H	04/04/23	British Swimming Championships 2023	Sheffield	West Norfolk	1
27.28	643	H	26/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	West Norfolk	1
27.18	650	F	28/01/23	Norfolk County Championships 2023	Norwich	West Norfolk	1
27.27	644	H	28/01/23	Norfolk County Championships 2023	Norwich	West Norfolk	1
26.88	672	H	23/07/22	British Summer Championships	Sheffield	West Norfolk	1
27.12	654	F	30/04/22	SE East Region Long Course Championships 2022	Norwich	West Norfolk	1
27.34	639	H	30/04/22	SE East Region Long Course Championships 2022	Norwich	West Norfolk	1
26.87	673	H	05/04/22	British Championships 2022	Sheffield	West Norfolk	1
27.81	607	H	12/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	West Norfolk	1
27.55	624	H	27/02/22	Norfolk County Championships	UEA Sportspark	West Norfolk	1
27.30	641	H	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	West Norfolk	1
28.01	594	F	02/02/20	Norfolk County Championships 2019	Norwich	West Norfolk	1
28.21	581	H	02/02/20	Norfolk County Championships 2019	Norwich	West Norfolk	1
27.18	650	F	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	West Norfolk	1
27.62	619	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	West Norfolk	1
27.59	621	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	West Norfolk	1
27.19	649	F	03/02/19	Norfolk County Championships 2019	Norwich	West Norfolk	1
27.83	605	H	03/02/19	Norfolk County Championships 2019	Norwich	West Norfolk	1
27.00	663	F	02/08/18	Swim England National Summer Meet	Sheffield	Lboro Uni	1
27.31	641	H	02/08/18	Swim England National Summer Meet	Sheffield	Lboro Uni	1
27.46	630	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Lboro Uni	1
28.04	592	F	14/01/18	Norfolk County Championships 2018	Norwich	West Norfolk	1
28.02	593	H	14/01/18	Norfolk County Championships 2018	Norwich	West Norfolk	1
27.45	631	F	15/12/17	Swim England Winter Championships 2017	Sheffield	Lboro Uni	1
27.20	649	H	15/12/17	Swim England Winter Championships 2017	Sheffield	Lboro Uni	1
28.02	593	F	05/11/17	East Region Winter Championships	Norwich	West Norfolk	1
27.81	607	H	05/11/17	East Region Winter Championships	Norwich	West Norfolk	1
27.15	652	F	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Lboro Uni	1
27.71	613	H	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Lboro Uni	1
28.41	569	H	13/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	West Norfolk	1
28.17	584	F	29/04/17	ASA East Long Course Championships	Luton	West Norfolk	1
28.00	594	H	29/04/17	ASA East Long Course Championships	Luton	West Norfolk	1
28.23	580	F	26/03/17	City of Sheffield Premier Meet	Sheffield	West Norfolk	1
28.11	588	H	26/03/17	City of Sheffield Premier Meet	Sheffield	West Norfolk	1
28.74	550	H	15/05/16	Northampton 2016 Long Course Spring Festival	Corby	West Norfolk	1
28.23	580	F	30/04/16	ASA East Region Long Course Championships	Norwich	West Norfolk	1
28.27	578	H	30/04/16	ASA East Region Long Course Championships	Norwich	West Norfolk	1
28.53	562	F	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	West Norfolk	1
28.30	576	H	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	West Norfolk	1
28.48	565	H	06/08/15	ASA Summer Nationals 2015	Sheffield	West Norfolk	1
28.94	538	H	11/07/15	Bishops Stortford End of Season LC Open Meet	Luton	West Norfolk	3
28.92	539	H	17/05/15	Northampton Spring Festival	Corby	West Norfolk	1
28.46	566	F	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	West Norfolk	1
28.38	571	H	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	West Norfolk	1
28.96	537	H	12/04/15	Derventio Excel 9th Open Meet	Sheffield	West Norfolk	1

28.24	579	F	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich		1
28.75	549	H	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich		1
28.54	561	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich		1
28.40	570	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	West Norfolk	1
29.43	512	H	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	West Norfolk	1
29.26	521	F	03/05/14	ASA East Region Youth Championships	Luton	West Norfolk	1
29.37	515	H	03/05/14	ASA East Region Youth Championships	Luton	West Norfolk	1
29.16	526	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	West Norfolk	1
28.73	550	F	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	West Norfolk	1
29.48	509	F	26/01/14	Central Zonal Meet 2014	Corby	West Norfolk	1
29.57	505	H	26/01/14	Central Zonal Meet 2014	Corby	West Norfolk	1
28.94	538	F	08/12/13	ASA East Regionals Winter Championships	Norwich	West Norfolk	1
29.31	518	H	08/12/13	ASA East Regionals Winter Championships	Norwich	West Norfolk	1
29.50	508	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	West Norfolk	1
30.38	465	H	04/05/13	ASA East Region Youth Championships	Luton	West Norfolk	1
30.83	445	H	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	West Norfolk	1
32.42	383	F	07/04/12	UEA City of Norwich Easter Meet	Norwich	West Norfolk	1
35.12	301	H	09/04/11	City of Norwich Easter Meet	Norwich	West Norfolk	1
37.63	245	H	03/04/10	City of Norwich Easter Meet	Norwich	West Norfolk	1
42.73	167	H	11/01/09	City of Derby Open Meet	Sheffield	West Norfolk	1