

# Individual Best Times (All Time)

Ben Leighton - (448100) - Carlisle Aquatics - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:29.71	543	F	09/06/13	BG NWR 2013 Age Group Championships	Manchester	Carlisle Aq	1
4:30.47	538	H	09/06/13	BG NWR 2013 Age Group Championships	Manchester	Carlisle Aq	1
4:36.77	502	H	19/05/12	City of Sunderland ASC May Open Meet	Sunderland	Carlisle Aq	1
4:40.43	483	F	10/06/12	North West Region Age Group Championships	Manchester	Carlisle Aq	1
4:40.60	482	H	10/06/12	North West Region Age Group Championships	Manchester	Carlisle Aq	1
4:58.34	401	H	12/06/11	BG North West Region Age Group Championshi	Manchester	Carlisle Aq	1
5:10.99	354	H	13/06/10	North West Age Groups	Manchester	Carlisle Aq	1
5:12.87	348	F	13/06/10	North West Age Groups	Manchester	Carlisle Aq	1

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