Individual Best Times (All Time)

Ben Leighton - (448100) - Carlisle Aquatics - 100 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 1:10.62 | 390 | Н | 08/06/13 | BG NWR 2013 Age Group Championships | Manchester | Carlisle Aq | 1 |
| 1:13.66 | 343 | Н | 09/06/12 | North West Region Age Group Championships | Manchester | Carlisle Aq | 1 |
| 1:16.11 | 311 | Н | 11/06/11 | BG North West Region Age Group Championshi | Manchester | Carlisle Aq | 1 |
| 1:16.19 | 310 | F | 11/06/11 | BG North West Region Age Group Championshi | Manchester | Carlisle Aq | 1 |
| 1:18.13 | 288 | F | 12/06/10 | North West Age Groups | Manchester | Carlisle Aq | 1 |
| 1:18.38 | 285 | Н | 12/06/10 | North West Age Groups | Manchester | Carlisle Aq | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 1:10.62 | 390 | Н | 08/06/13 | BG NWR 2013 Age Group Championships | Manchester | Carlisle Aq | 1 |
| 1:13.66 | 343 | Н | 09/06/12 | North West Region Age Group Championships | Manchester | Carlisle Aq | 1 |
| 1:16.19 | 310 | F | 11/06/11 | BG North West Region Age Group Championshi | Manchester | Carlisle Aq | 1 |
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| 1:18.13 | 288 | F | 12/06/10 | North West Age Groups | Manchester | Carlisle Aq | 1 |
| 1:18.38 | 285 | Н | 12/06/10 | North West Age Groups | Manchester | Carlisle Aq | 1 |

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