

Individual Best Times (All Time)

Ellis Smith - (445339) - Heads of the Valleys - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:18.47	196	F	23/03/14	Tiger Bay Open Meet 2014	Cardiff	Heads Valley	3
6:28.47	181	F	19/09/14	Swim Wales Legend Meet	Swansea	Heads Valley	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:28.47	181	F	19/09/14	Swim Wales Legend Meet	Swansea	Heads Valley	3
6:18.47	196	F	23/03/14	Tiger Bay Open Meet 2014	Cardiff	Heads Valley	3