

# Individual Best Times (All Time)

Ellis Smith - (445339) - Heads of the Valleys - 200 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:00.14	106	F	26/02/12	City of Cardiff Invitational Meet	Cardiff	Heads Valley	4

## Swims in Date Order

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