

Individual Best Times (All Time)

Rory Duncan - (440467) - Borough of Harrow S C - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:30.71	432	H	09/05/15	London Region Summer Championships	London		1
2:34.78	399	H	23/11/14	City of Sheffield Snow Frills Meet	Sheffield		3
2:36.72	384	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Bo Of Harrow	1
2:37.69	377	H	19/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
2:42.30	346	F	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	Bo Of Harrow	1
2:44.17	334	H	18/05/13	Northampton Spring Meet 2013	Corby	Bo Of Harrow	1
3:15.80	197	H	22/05/10	Bracknell & Wokingham Meet	Aldershot	Bo Of Harrow	1

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