

# Individual Best Times (All Time)

Ben Swallow - (436088) - Leeds University Aquatics SC - 200 Breaststroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:20.43	111	H	21/01/12	Rotherham Metro A & B Grade Gala	Sheffield	Co Lincoln P	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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