

# Individual Best Times (All Time)

Lawrence Sims - (433915) - Frome SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.00	332	F	25/10/14	Frome Autumn Open Meet	Millfield	Frome	3
34.10	329	F	05/04/14	Frome & Wells 3 Towers Open Meet	Millfield	Frome	3
34.53	317	F	06/04/13	3 Towers Spring Open Meet	Millfield	Frome	3
34.78	310	F	26/10/13	3 Towers Open Meet	Millfield	Frome	3
36.17	276	F	27/10/12	3 Towers Open Meet	Millfield School	Frome	3
36.44	269	F	31/03/12	3 Towers Open Meet	Millfield	Frome	3
37.48	248	F	22/10/11	3 Towers Open Meet	Millfield	Frome	3
38.68	225	F	09/04/11	Frome, Wells & Shepton Mallet 3 Towers Ope	Millfield	Frome	3
40.45	197		24/10/09	Avalon Autumn Open Meet	Millfield	Frome	3
41.09	188	F	23/10/10	3 Towers Open Meet	Millfield	Frome	3

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