

Individual Best Times (All Time)

Fiona Shaw - (424937) - Wycombe District SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:29.73	664		03/05/14	ASA South East Region Youth Championships	Crawley	Wycombe Dist	1
4:29.76	664	H	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Wycombe Dist	1
4:30.23	660		04/05/13	BG South East Region Youth Champs	Crawley	Wycombe Dist	1
4:30.37	659	H	03/08/13	BG ASA National Youth Championships	Sheffield	Wycombe Dist	1
4:32.20	646	F	09/02/14	Wycombe District Annual LC Open Meet	Wycombe	Wycombe Dist	1
4:33.13	640	H	21/12/13	Derventio eXcel Christmas Cracker Meet	Sheffield	Wycombe Dist	1
4:33.52	637	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Wycombe Dist	1
4:33.80	635	F	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Wycombe Dist	1
4:38.34	604	H	26/05/13	City of Sheffield No Frill Meet	Sheffield	Wycombe Dist	1
4:38.75	602	F	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	Wycombe Dist	1
4:44.36	567		05/05/12	British Gas South East Youth Championship	Crawley	Wycombe Dist	1
4:45.39	561	H	23/05/15	ASASER Swimming Championships	Portsmouth	Wycombe Dist	1
4:46.74	553	F	12/02/12	Wycombe District Open Meet 2012	Wycombe	Wycombe Dist	1
4:49.80	535	F	17/02/13	Wycombe District Annual LC Open Meet	Wycombe	Wycombe Dist	1
4:52.82	519		30/04/11	BG South East Region Youth Championships	Crawley	Wycombe Dist	1
4:58.58	489	F	13/02/11	Wycombe District Annual Long Course Meet	High Wycombe	Wycombe Dist	1
4:59.01	487		13/02/10	Wycombe District Annual Meet	High Wycombe	Wycombe Dist	1
5:02.16	472	F	22/09/13	Wycombe District SC Club Championships	Wycombe	Wycombe Dist	4
5:03.40	466		28/11/09	Welsh Capital Open Meet	Cardiff	Wycombe Dist	2

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