

Individual Best Times (All Time)

Nathan Greenwood - (424160) - Devonport RSA - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:32.49	387	F	18/11/12	The Aquae Sulis Grand Prix 2012	Bristol	Plymouth Lea	1
5:48.46	337	F	18/12/11	Plymouth Leander Long Course Open	Millfield	Plymouth Lea	1
5:59.67	306	F	19/11/11	Bath Grand Prix	Bath	Plymouth Lea	1
6:03.56	296	F	10/07/11	Portsmouth Northsea Non Qualifier Meet	Portsmouth	Plymouth Lea	3
6:07.46	287	F	22/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Plymouth Lea	1
6:09.50	282		28/05/11	BG South East Region Age Group Championshi	Crawley	Plymouth Lea	1
6:19.78	260	F	14/05/11	Portsmouth Northsea Distance Meet	Portsmouth	Plymouth Lea	1
6:20.67	258		27/02/11	Hampshire County Championships	Portsmouth	Plymouth Lea	1
6:33.38	234		23/01/11	Portsmouth Northsea Open Meet 2011	Portsmouth	Plymouth Lea	1

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