

# Individual Best Times (All Time)

Alice Sherwin - (423488) - Team Ipswich Swimming - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------------------|---------|-----------------|-------|
| 4:54.32 | 511    | H     | 05/06/11 | BG East Region Bagcat Championships | Norwich | teamipswich     | 1     |
| 5:06.95 | 450    | H     | 06/06/10 | BG East Region Bagcats              | Norwich | teamipswich     | 1     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------------------|---------|-----------------|-------|
| 4:54.32 | 511    | H     | 05/06/11 | BG East Region Bagcat Championships | Norwich | teamipswich     | 1     |
| 5:06.95 | 450    | H     | 06/06/10 | BG East Region Bagcats              | Norwich | teamipswich     | 1     |