

# Individual Best Times (All Time)

Alice Sherwin - (423488) - Team Ipswich Swimming - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.04	558	H	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	teamipswich	1
2:17.14	557	F	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	teamipswich	1
2:17.40	554	H	07/12/13	ASA East Regionals Winter Championships	Norwich	teamipswich	1
2:17.55	552	H	02/05/16	ASA East Region Long Course Championships	Norwich	teamipswich	1
2:18.14	545	H	17/12/11	Killerwhales Winter Open	Basildon	teamipswich	1
2:20.37	519	H	03/05/14	ASA East Region Youth Championships	Luton	teamipswich	1
2:20.84	514	H	05/06/11	BG East Region Bagcat Championships	Norwich	teamipswich	1
2:21.11	511	F	05/06/11	BG East Region Bagcat Championships	Norwich	teamipswich	1
2:21.48	507	H	29/01/11	East, East Midland & West Midland Zonal	Corby	teamipswich	1
2:25.51	466	H	06/06/10	BG East Region Bagcats	Norwich	teamipswich	1
2:29.16	433	H	03/04/10	City of Norwich Easter Meet	Norwich	teamipswich	1

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