

Individual Best Times (All Time)

Zahra Benamara - (422207) - City of Linc Pentaqua SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.84	329	H	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield		3
1:17.51	296	H	20/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Co Lincoln P	3
1:28.04	202	H	22/01/12	Rotherham Metro A & B Grade Gala	Sheffield	Co Lincoln P	3

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