

Individual Best Times (All Time)

Matthew Williams - (421880) - Hoddesdon SC - 100 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.09	454	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Watford SC	1

Swims in Date Order

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