

# Individual Best Times (All Time)

Frederick Biggs - (419948) - Guildford City Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:14.04	650	F	02/03/14	British Gas Surrey Age Group Championships	Guildford	Guildford Ct	1
4:15.04	642	F	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	Guildford Ct	1
4:15.16	641		04/05/13	BG South East Region Youth Champs	Crawley	Guildford Ct	1
4:17.05	627	F	17/11/12	Crawley Not So Early Bird Meet	Crawley	Guildford Ct	1
4:17.95	620	F	25/07/12	Welsh Summer National 2012	Swansea	Guildford Ct	1
4:18.37	617		05/05/12	British Gas South East Youth Championship	Crawley	Guildford Ct	1
4:19.25	611	F	16/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	Guildford Ct	1
4:20.63	602		27/01/13	ASA Southern Region Zonal Competition	Crawley	Guildford Ct	1
4:21.26	597		27/01/13	ASA Southern Region Zonal Competition	Crawley	Guildford Ct	1
4:22.74	587	H	13/05/12	Beckenham International Open Meet	London	Guildford Ct	1
4:27.48	556	F	19/11/11	Crawley Not So Early Bird Meet	Crawley	Guildford Ct	1
4:37.82	497		11/06/11	BG South East Region Age Group Championshi	Crawley	Guildford Ct	1
4:51.94	428		12/06/10	South East Region Champs	Crawley	Guildford Ct	1
4:54.71	416	H	09/05/10	Beckenham Open	London	Guildford Ct	1
5:03.71	380		31/05/09	South East Region Champs	Crawley	Guildford Ct	1
5:31.83	291		01/06/08	South East Age Grp Champs	Crawley	Guildford Ct	1

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