

Individual Best Times (All Time)

Rachel Bate - (418377) - Halton SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 38.47 | 340 | F | 11/05/13 | City of Manchester AST The Manchester Open | Manchester | Warrington W | 1 |
| 38.49 | 339 | H | 21/06/15 | City of Liverpool Level 3 Open Summer Meet | Liverpool | | 3 |
| 38.64 | 335 | H | 14/02/15 | City of Liverpool Splash"N"Dash 50n Sprints | Liverpool | | 3 |
| 45.08 | 211 | H | 17/12/11 | Sheffield City 23rd Annual B Grade Meet | Sheffield | Warrington W | 3 |
| 48.69 | 167 | H | 27/11/10 | Sheffield City B Grade | Sheffield | Warrington W | 3 |

Swims in Date Order

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|-------|--------|-------|----------|---|------------|-----------------|-------|
| 38.49 | 339 | H | 21/06/15 | City of Liverpool Level 3 Open Summer Meet | Liverpool | | 3 |
| 38.64 | 335 | H | 14/02/15 | City of Liverpool Splash"N"Dash 50n Sprints | Liverpool | | 3 |
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