

# Individual Best Times (All Time)

Jacob Cross - (417276) - Rushmoor Royals SC - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:40.55	221	H	26/04/08	Coventry Spring Open Meet	Coventry	Rushmoor Ryl	1

Swims in Date Order

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