## **Individual Best Times (All Time)**

Luke Height - (414103) - Soundwell SC - 200 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
2:32.62	555	F	11/04/15	City of Bristol Level 1 April Meet	Bristol	Soundwell	1
2:33.01	551	Н	20/12/14	Northampton Winter Festival Meet	Corby		1
2:33.09	550	F	02/05/15	ASA South West Summer Championships	Plymouth		1
2:33.73	543	Н	02/05/15	ASA South West Summer Championships	Plymouth		1
2:35.69	523	F	16/11/14	Aquae Sulis Grand Prix	Bristol	Soundwell	1
2:35.78	522	F	05/04/14	City of Bristol Level 1 Open Meet	Hengrove	Soundwell	1
2:36.06	519	Н	21/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	Soundwell	1
2:36.35	516	F	03/05/14	BG ASA SWR Youth Championships 2014	Plymouth	Soundwell	1
2:36.39	516	Н	08/06/13	ASA South West Region Age Groups 2013	Millfield	Soundwell	1
2:36.65	513	F	21/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	Soundwell	1
2:36.67	513	F	04/05/13	ASA South West Regional Championships	Millfield	Soundwell	1
2:38.04	500	Н	07/06/14	ASA South West Region AG Championships	Millfield	Soundwell	1
2:38.25	498	Н	03/05/14	BG ASA SWR Youth Championships 2014	Plymouth	Soundwell	1
2:39.58	486	F	16/11/13	City of Cardiff Capital Open Meet	Cardiff	Soundwell	1
2:40.21	480	Н	04/05/13	ASA South West Regional Championships	Millfield	Soundwell	1
2:40.55	477	F	17/05/14	Millfield Last Chance Swim Meet	Millfield	Soundwell	1
2:42.15	463	F	13/04/13	City of Bristol Level One Open Meet	Bristol	Soundwell	1
2:43.23	454	F	17/11/12	Welsh Capital Open Meet 2012	Cardiff	Soundwell	1
2:44.33	445	Н	05/05/12	BG SWR Youth Championships	Plymouth	Soundwell	1
2:44.66	442	Н	20/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	Soundwell	1
2:45.54	435	Н	15/12/12	Plymouth L1 Long Course Open Meet	Plymouth	Soundwell	1
2:45.66	434	F	05/05/12	BG SWR Youth Championships	Plymouth	Soundwell	1
2:45.89	432	Н	03/04/11	Derventio Excel Open Meet	Sheffield	Soundwell	1
2:49.51	405	F	19/11/11	Bath Grand Prix	Bath	Soundwell	1
2:50.36	399	Н	11/06/11	BG South West Region Championships	Street	Soundwell	1
2:53.72	376	F	08/08/10	BG Wales Summer Nationals	Swansea	Soundwell	1
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2:55.47	365	Н	05/04/10	Derventio Excel Open 2010	Sheffield	Soundwell	1
3:00.69	334	Н	12/06/10	South West Age Groups	Millfield	Soundwell	1
3:05.77	308	Н	06/06/09	South West Region Champs	Millfield	Soundwell	1
4:10.47	125	Н	29/04/07	Avalon Open Meet	Millfield	Soundwell	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:33.09	550	F	02/05/15	ASA South West Summer Championships	Plymouth		1
2:33.73	543	Н	02/05/15	ASA South West Summer Championships	Plymouth		1
2:32.62	555	F	11/04/15	City of Bristol Level 1 April Meet	Bristol	Soundwell	1
2:33.01	551	Н	20/12/14	Northampton Winter Festival Meet	Corby		1
2:35.69	523	F	16/11/14	Aquae Sulis Grand Prix	Bristol	Soundwell	1
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2:54.46	372	Н	08/08/10	BG Wales Summer Nationals	Swansea	Soundwell	1
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2:55.47	365	Н	05/04/10	Derventio Excel Open 2010	Sheffield	Soundwell	1
3:05.77	308	Н	06/06/09	South West Region Champs	Millfield	Soundwell	1
4:10.47	125	Н	29/04/07	Avalon Open Meet	Millfield	Soundwell	3

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