## **Individual Best Times (All Time)**

Kyriacos Papa-Adams - (413811) - Thanet Swim Club - 200 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
2:09.86	676	Н	15/04/14	British Gas Championships 2014	Glasgow	Thanet Swim	1
2:10.31	669	Н	07/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:10.32	669	S	07/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:11.27	654	S	01/08/13	BG ASA National Youth Championships	Sheffield	Thanet Swim	1
2:11.39	653	Н	01/08/13	BG ASA National Youth Championships	Sheffield	Thanet Swim	1
2:11.48	651	Н	08/02/14	Derventio Excel February Festival	Sheffield	Thanet Swim	1
2:11.85	646	F	30/03/14	ESSA SE Division Inter County Gala	Guildford	Thanet Swim	1
2:11.87	646	Н	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Thanet Swim	1
2:12.34	639	F	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Thanet Swim	1
2:12.57	635	F	13/12/14	NASLS2014 Round Three Final	Crawley	Thanet Swim	1
2:12.88	631	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Thanet Swim	1
2:13.26	626	F	16/12/12	Plymouth L1 Long Course Open Meet	Plymouth	Thanet Swim	1
2:13.36	624	Н	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Thanet Swim	1
2:13.41	623	Н	10/03/13	British Gas International 2013	Leeds	Thanet Swim	1
2:13.54	622	Н	30/06/13	ESSA National Inter-Divisional Meet 2013	Liverpool	Thanet Swim	1
2:13.57	621	Н	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Thanet Swim	1
2:13.62	621	Н	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Thanet Swim	1
2:13.68	620	Н	28/06/14	ESSA SW Division National Inter Divisional	Bristol	Thanet Swim	1
2:14.25	612	F	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Thanet Swim	1
2:14.39	610	Н	25/04/15	The National Arena Swimming League 15th B Final	Cardiff	Thanet Swim	1
2:15.09	600	Н	18/07/12	BG ASA National Youth Championships 2012	Sheffield	Thanet Swim	1
2:15.13	600	F	02/04/12	SG National Open Age Group Championships	Sunderland	Thanet Swim	1
2:15.19	599	S	18/07/12	BG ASA National Youth Championships 2012	Sheffield	Thanet Swim	1
2:15.19	599	F	22/03/15	Essa SE Division Inter County Gala	Surrey		1
2:15.43	596	F	24/03/13	ESSA South East Region Inter County Gala	Surrey	Thanet Swim	1
2:15.81	591		05/05/13	BG South East Region Youth Champs	Crawley	Thanet Swim	1
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2:15.96	589	Н	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Thanet Swim	1
2:16.32	584	Н	22/07/11	British Gas ASA NAG Championships 2011	Sheffield	Thanet Swim	1
2:16.35	584	F	22/07/11	British Gas ASA NAG Championships 2011	Sheffield	Thanet Swim	1
2:16.67	580	Н	31/05/15	ASASER Swimming Championships	Crawley		1
2:16.93	577	Н	30/06/12	ESSA Inter-Divisional Championships	Liverpool	Thanet Swim	1
2:17.16	574		11/06/11	BG South East Region Age Group Championshi	Crawley	Thanet Swim	1
2:18.42	558	F	08/02/14	Derventio Excel February Festival	Sheffield	Thanet Swim	1
2:18.52	557		04/12/11	South East Region Open & Junior Champs	Aldershot	Thanet Swim	1
2:18.58	556	Н	02/04/12	SG National Open Age Group Championships	Sunderland	Thanet Swim	1
2:19.38	547		04/12/11	South East Region Open & Junior Champs	Aldershot	Thanet Swim	1
2:19.60	544	Н	28/01/12	ASA South Zonal Meet	Millfield	Thanet Swim	1
2:19.88	541		11/06/11	BG South East Region Age Group Championshi	Crawley	Thanet Swim	1
2:20.64	532		05/05/13	BG South East Region Youth Champs	Crawley	Thanet Swim	1
2:20.76	531	Н	07/05/11	Beckenham International Open Meet	London	Thanet Swim	1
2:21.20	526	Н	29/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth	Thanet Swim	1
2:23.47	501	F	09/01/11	Swim Wales New Year Dragon Meet	Swansea	Thanet Swim	1
2:23.77	498	Н	09/01/11	Swim Wales New Year Dragon Meet	Swansea	Thanet Swim	1
2:23.95	496	F	29/07/10	British Gas Nat Age Grps	Sheffield	Thanet Swim	1
2:25.22	483	Н	29/07/10	British Gas Nat Age Grps	Sheffield	Thanet Swim	1
2:25.28	483		30/01/11	London, South East and South West Zonal	London	Thanet Swim	1
2:26.32	472		12/06/10	South East Region Champs	Crawley	Thanet Swim	1
2:26.61	470	F	21/11/10	Crawley Not So Early Bird	Crawley	Thanet Swim	1
2:27.78	459		12/06/10	South East Region Champs	Crawley	Thanet Swim	1
2:29.61	442	F	18/04/10	Crawley Spring LC Open Meet	Crawley	Thanet Swim	1
2:36.56	386	F	22/11/09	Crawley Not So Early Bird	Crawley	Thanet Swim	1
2:40.09	361		31/05/09	South East Region Champs	Crawley	Thanet Swim	1
2:41.15	354		31/05/09	South East Region Champs	Crawley	Thanet Swim	1
2:44.48	332	Н	10/04/09	City of Norwich Easter Mt	Norwich	Thanet Swim	2
2:46.67	319		01/06/08	South East Age Grp Champs	Crawley	Thanet Swim	1
2:47.41	315		01/06/08	South East Age Grp Champs	Crawley	Thanet Swim	1
2:48.42	310	Н	22/03/08	City of Norwich Easter Mt	Norwich	Thanet Swim	2
2:55.82	272	Н	10/05/08	Berks & S Bucks No Frills	Aldershot	Thanet Swim	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
2:21.20	526	Н	29/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth	Thanet Swim	1
2:16.67	580	Н	31/05/15	ASASER Swimming Championships	Crawley		1
2:14.39	610	Н	25/04/15	The National Arena Swimming League 15th B Final	Cardiff	Thanet Swim	1
2:15.19	599	F	22/03/15	Essa SE Division Inter County Gala	Surrey		1
2:12.34	639	F	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Thanet Swim	1
2:13.62	621	Н	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Thanet Swim	1
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2:12.57	635	F	13/12/14	NASLS2014 Round Three Final	Crawley	Thanet Swim	1
2:10.32	669	S	07/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:10.31	669	Н	07/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:13.68	620	Н	28/06/14	ESSA SW Division National Inter Divisional	Bristol	Thanet Swim	1
2:09.86	676	Н	15/04/14	British Gas Championships 2014	Glasgow	Thanet Swim	1
2:11.85	646	F	30/03/14	ESSA SE Division Inter County Gala	Guildford	Thanet Swim	1
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