

Individual Best Times (All Time)

Ben Friar - (411127) - Team Ipswich Swimming - 100 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:27.41	275	F	08/12/12	London Arena League Final	Basildon	teampswich	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:27.41	275	F	08/12/12	London Arena League Final	Basildon	teampswich	1