

Individual Best Times (All Time)

Daniel Stepton - (40784) - Enfield Swim Squad - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
52.36	716	H	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	Lboro Uni	1
52.49	711	F	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
52.49	711	F	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
52.60	707	H	02/08/13	BG ASA National Youth Championships	Sheffield	Lboro Uni	1
52.70	703	F	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	Lboro Uni	1
53.11	686	H	23/11/13	Essex Winter Long Course Competition	Basildon	Lboro Uni	1
53.18	684	H	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Lboro Uni	1
53.36	677	H	11/05/13	Derventio Excel Swim Squad 7th LC Open	Sheffield	Lboro Uni	1
53.50	671	H	03/04/14	Scottish Gas National Open Championships	Glasgow	Lboro Uni	1
53.61	667	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Lboro Uni	1
53.73	663	H	21/01/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
53.73	663	H	21/01/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
53.73	663	H	21/01/17	Essex Age Group Championships	London	Bark & Dagen	1
53.76	662	H	04/08/10	British Gas Youth Champs	Sheffield	Lboro Uni	1
53.78	661	H	29/05/16	City of Cardiff Open Meet	Cardiff	Bark & Dagen	1
53.81	660	F	14/12/13	London National Arena Swimming League	Basildon	Lboro Uni	1
53.82	660	H	17/12/11	Northampton Winter Festival Open Meet	Corby	Lboro Uni	1
53.86	658	H	29/07/09	British Gas Youth Champs	Sheffield	Lboro Uni	1
53.88	657	H	24/11/12	Essex Winter Long Course Championships	Basildon	Lboro Uni	1
53.95	655	F	09/04/16	London Region Summer Championships	London	Bark & Dagen	1
54.06	651	R	02/08/09	British Gas Youth Champs	Sheffield	Lboro Uni	1
54.13	648	H	11/04/09	Derventio Excel 3rd Open	Sheffield	Lboro Uni	1
54.16	647	H	09/02/13	Derventio February Festival	Sheffield	Lboro Uni	1
54.21	645	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Lboro Uni	1
54.26	644	H	09/04/16	London Region Summer Championships	London	Bark & Dagen	1
54.31	642	H	03/05/09	London Region Youth Champ	Crystal Palace	Lboro Uni	1
54.34	641	H	09/02/14	Derventio Excel February Festival	Sheffield	Lboro Uni	1

54.34	641	H	06/02/14	Derventio Excel February Festival	Sheffield	Lboro Uni	1
54.40	639	H	16/05/10	Rotherham Metro LC Meet	Sheffield	Lboro Uni	1
54.41	638	H	16/01/09	CIG 2009	Geneve, Switzerland	Lboro Uni	1
54.41	638	F	08/12/12	London Arena League Final	Basildon	Lboro Uni	1
54.53	634	H	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
54.53	634	H	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
54.75	626	H	22/03/08	City of Sheffield Premier	Sheffield	Lboro Uni	1
54.78	625	H	13/01/08	City of Derby 7th LC Meet	Sheffield	Lboro Uni	1
54.81	624	H	31/05/08	Derventio Excel Open Meet	Sheffield	Lboro Uni	1
54.86	623	F	13/01/08	City of Derby 7th LC Meet	Sheffield	Lboro Uni	1
54.86	623	H	20/05/12	Northampton SC May Open Meet	Corby	Lboro Uni	1
54.89	622	H	30/07/08	National Youth Champs 2008	Sheffield	Lboro Uni	1
54.91	621	H	30/04/11	BG London Region Youth Championships	London	Lboro Uni	1
54.91	621	H	04/05/13	Midland Youth Championships	Corby	Lboro Uni	1
54.96	619	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Loughborough	1
54.97	619	F	22/03/08	City of Sheffield Premier	Sheffield	Lboro Uni	1
54.98	619	H	15/10/11	Lincoln Vulcans Open Meet	Sheffield	Lboro Uni	1
54.98	619	H	07/02/15	Derventio Excel February Festival	Sheffield	Loughborough	1
54.99	618	H	01/12/07	Snow Frills Winter Meet	Sheffield	Lboro Uni	1
54.99	618	H	10/04/11	Bexley Long Course Open Meet	Crystal Palace	Lboro Uni	1
55.03	617	H	24/05/09	Rotherham Metro LC Meet	Sheffield	Lboro Uni	1
55.22	611	F	16/01/09	CIG 2009	Geneve, Switzerland	Lboro Uni	1
55.26	609		17/04/10	Taunton Deane Easter Meet	Millfield	Lboro Uni	1
55.40	605	H	29/01/10	12th Luxembourg Euro Meet	Luxembourg	Lboro Uni	1
55.40	605	F	30/04/11	BG London Region Youth Championships	London	Lboro Uni	1
55.44	603	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Bark & Dagen	1
55.48	602	H	21/12/08	City of Leeds Xmas Cracker	Leeds	Lboro Uni	1
55.53	600	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	Lboro Uni	1
55.57	599	F	10/12/11	National Arena League - London Cup Final	Basildon	Lboro Uni	1
55.63	597		19/04/08	Crawley Spring Open Meet	Crawley	Lboro Uni	1
55.69	595	H	30/01/11	13th Luxembourg Euro-Meet 2011	Luxembourg	Lboro Uni	1
55.71	595	H	28/07/07	ASA Youth & Open 2007	Sheffield	Lboro Uni	1
55.73	594	H	26/05/07	Sheffield No Frills Meet	Sheffield	Lboro Uni	1
55.78	592	H	16/10/10	Lincoln Vulcans Open Meet	Sheffield	Lboro Uni	1
55.82	591	F	04/05/08	London Region Youth Champ	Ealing	Lboro Uni	1
55.83	591	H	12/07/08	ASA National Champs 2008	Liverpool	Lboro Uni	1
55.86	590	F	07/05/07	London Region Youths	Crystal Palace	Lboro Uni	1
55.91	588	H	04/05/08	London Region Youth Champ	Ealing	Lboro Uni	1
56.22	579	H	27/03/07	British Champs TT 2007	Manchester	Lboro Uni	1
56.22	579	H	07/05/07	London Region Youths	Crystal Palace	Lboro Uni	1
56.27	577	H	15/05/11	Rotherham Metro Level One Meet	Sheffield	Lboro Uni	1
56.32	575	F	18/12/10	Hillingdon Winter Meet	Hillingdon	Lboro Uni	1
56.65	565	H	17/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
56.69	564	H	16/12/07	City of Leeds ChristmasMt	Leeds	Lboro Uni	2
57.02	555		10/02/07	Wycombe District LC Open	Handy Cross	Lboro Uni	2
57.35	545	H	27/07/06	National AG Champs 2006	Sheffield	Lboro Uni	1
57.39	544	F	03/06/06	London Region Age Groups	Crystal Palace	Lboro Uni	1
57.55	539		06/04/07	Leatherhead Easter Open	Crystal Palace	Lboro Uni	2
58.01	527	H	03/06/06	London Region Age Groups	Crystal Palace	Lboro Uni	1
58.04	526	H	06/05/06	Beckenham Open Meet	Crystal Palace	Lboro Uni	2
58.28	519	H	27/05/06	Sheffield No Frills	Sheffield	Lboro Uni	1
59.06	499		03/04/14	Scottish Gas National Open Championships	Glasgow	Lboro Uni	1
1:01.96	432	H	04/06/05	Southern Counties Bagcat Champ	Crystal Palace	Lboro Uni	1
1:02.45	422	H	26/03/05	East Anglian Long Course Meet	Norwich	Lboro Uni	1

1:04.94	375	H	27/11/11	Essex ASA Winter LC Championships	Basildon	Lboro Uni	1
1:04.97	375	H	12/06/04	SCASA Cheestrings Bagcat Champ	Crystal Palace	Lboro Uni	1
1:06.28	353	H	08/05/04	Beckenham Open Meet 2004	Crystal Palace	Lboro Uni	1
1:11.47	281	H	31/05/03	Guildford City Open Meet	Aldershot	Lboro Uni	1

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53.73	663	H	21/01/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
53.73	663	H	21/01/17	Essex Age Group Championships	London	Bark & Dagen	1
53.73	663	H	21/01/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
53.78	661	H	29/05/16	City of Cardiff Open Meet	Cardiff	Bark & Dagen	1
53.95	655	F	09/04/16	London Region Summer Championships	London	Bark & Dagen	1
54.26	644	H	09/04/16	London Region Summer Championships	London	Bark & Dagen	1
55.44	603	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Bark & Dagen	1
52.49	711	F	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
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54.53	634	H	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
54.53	634	H	23/01/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
54.98	619	H	07/02/15	Derventio Excel February Festival	Sheffield	Loughborough	1
54.96	619	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Loughborough	1
53.50	671	H	03/04/14	Scottish Gas National Open Championships	Glasgow	Lboro Uni	1
59.06	499		03/04/14	Scottish Gas National Open Championships	Glasgow	Lboro Uni	1
54.34	641	H	08/02/14	Derventio Excel February Festival	Sheffield	Lboro Uni	1
53.18	684	H	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Lboro Uni	1
53.81	660	F	14/12/13	London National Arena Swimming League	Basildon	Lboro Uni	1
53.11	686	H	23/11/13	Essex Winter Long Course Competition	Basildon	Lboro Uni	1
52.60	707	H	02/08/13	BG ASA National Youth Championships	Sheffield	Lboro Uni	1
53.36	677	H	11/05/13	Derventio Excel Swim Squad 7th LC Open	Sheffield	Lboro Uni	1
54.91	621	H	04/05/13	Midland Youth Championships	Corby	Lboro Uni	1
52.70	703	F	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	Lboro Uni	1
52.36	716	H	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	Lboro Uni	1
54.16	647	H	09/02/13	Derventio February Festival	Sheffield	Lboro Uni	1
53.61	667	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Lboro Uni	1
54.41	638	F	08/12/12	London Arena League Final	Basildon	Lboro Uni	1
53.88	657	H	24/11/12	Essex Winter Long Course Championships	Basildon	Lboro Uni	1
54.86	623	H	20/05/12	Northampton SC May Open Meet	Corby	Lboro Uni	1
54.21	645	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Lboro Uni	1
53.82	660	H	17/12/11	Northampton Winter Festival Open Meet	Corby	Lboro Uni	1
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53.86	658	H	29/07/09	British Gas Youth Champs	Sheffield	Lboro Uni	1
55.03	617	H	24/05/09	Rotherham Metro LC Meet	Sheffield	Lboro Uni	1
54.31	642	H	03/05/09	London Region Youth Champ	Crystal Palace	Lboro Uni	1
54.13	648	H	11/04/09	Derventio Excel 3rd Open	Sheffield	Lboro Uni	1
55.22	611	F	16/01/09	CIG 2009	Geneve, Switzerland	Lboro Uni	1
54.41	638	H	16/01/09	CIG 2009	Geneve, Switzerland	Lboro Uni	1
55.48	602	H	21/12/08	City of Leeds Xmas Cracker	Leeds	Lboro Uni	1
54.89	622	H	30/07/08	National Youth Champs 2008	Sheffield	Lboro Uni	1
55.83	591	H	12/07/08	ASA National Champs 2008	Liverpool	Lboro Uni	1
54.81	624	H	31/05/08	Derventio Excel Open Meet	Sheffield	Lboro Uni	1
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54.86	623	F	13/01/08	City of Derby 7th LC Meet	Sheffield	Lboro Uni	1
54.78	625	H	13/01/08	City of Derby 7th LC Meet	Sheffield	Lboro Uni	1
56.69	564	H	16/12/07	City of Leeds ChristmasMt	Leeds	Lboro Uni	2
54.99	618	H	01/12/07	Snow Frills Winter Meet	Sheffield	Lboro Uni	1
55.71	595	H	28/07/07	ASA Youth & Open 2007	Sheffield	Lboro Uni	1
55.73	594	H	26/05/07	Sheffield No Frills Meet	Sheffield	Lboro Uni	1
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57.55	539		06/04/07	Leatherhead Easter Open	Crystal Palace	Lboro Uni	2
56.22	579	H	27/03/07	British Champs TT 2007	Manchester	Lboro Uni	1
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56.65	565	H	17/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
57.35	545	H	27/07/06	National AG Champs 2006	Sheffield	Lboro Uni	1
57.39	544	F	03/06/06	London Region Age Groups	Crystal Palace	Lboro Uni	1
58.01	527	H	03/06/06	London Region Age Groups	Crystal Palace	Lboro Uni	1
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