

# Individual Best Times (All Time)

Daniel Stepton - (40784) - Enfield Swim Squad - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
25.83	757	F	26/07/16	British Summer Championships	Sheffield	Bark & Dagen	1
25.90	751	H	26/07/16	British Summer Championships	Sheffield	Bark & Dagen	1
26.08	736	F	06/02/16	Essex Age Group Championships 2016	London	Bark & Dagen	1
26.08	736	F	06/02/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
26.45	705	H	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Lboro Uni	1
26.71	685	F	04/02/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
26.71	685	F	04/02/17	Essex Age Group Championships	London	Bark & Dagen	1
26.79	679	H	12/04/14	British Gas Championships 2014	Glasgow	Lboro Uni	1
26.85	674	C	06/04/14	Scottish Gas National Open Championships	Glasgow	Lboro Uni	1
26.85	674	H	12/04/15	Derventio Excel 9th Open Meet	Sheffield	Loughborough	1
26.89	671	H	06/04/14	Scottish Gas National Open Championships	Glasgow	Lboro Uni	1
26.99	664	H	04/02/17	Essex Age Group Championships	London	Bark & Dagen	1
26.99	664	H	04/02/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
27.00	663	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Bark & Dagen	1
27.03	661	F	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Bark & Dagen	1
27.05	659	S	12/04/14	British Gas Championships 2014	Glasgow	Lboro Uni	1
27.07	658	F	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Loughborough	1
27.13	654	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Loughborough	1
27.23	646	F	28/05/16	City of Cardiff Open Meet	Cardiff	Bark & Dagen	1
27.34	639	H	28/05/16	City of Cardiff Open Meet	Cardiff	Bark & Dagen	1
27.37	637	F	21/02/15	BUCS Long Course Championships 2015	Sheffield	Loughborough	1
27.41	634	F	07/02/15	Derventio Excel February Festival	Sheffield	Loughborough	1
27.44	632	F	27/11/11	Essex ASA Winter LC Championships	Basildon	Lboro Uni	1
27.49	628	H	21/02/15	BUCS Long Course Championships 2015	Sheffield	Loughborough	1
27.66	617	H	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Bark & Dagen	1
27.74	611	H	07/02/15	Derventio Excel February Festival	Sheffield	Loughborough	1
27.75	611	H	05/02/15	Derventio Excel February Festival Open Meet	Sheffield	Lboro Uni	1

27.73	611	F	03/02/12	Derventio Excel February Festival Open Meet	Sheffield	Lboro Uni	1
27.78	609	H	23/05/09	Rotherham Metro LC Meet	Sheffield	Lboro Uni	1
27.78	609	H	06/02/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
27.78	609	H	06/02/16	Essex Age Group Championships 2016	London	Bark & Dagen	1
27.88	602	F	30/04/11	BG London Region Youth Championships	London	Lboro Uni	1
27.90	601	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Lboro Uni	1
27.94	598	H	31/07/09	British Gas Youth Champs	Sheffield	Lboro Uni	1
27.97	596	H	16/01/09	CIG 2009	Geneve, Switzerland	Lboro Uni	1
28.04	592	H	14/06/11	British Gas ASA National Championships	Sheffield	Lboro Uni	1
28.06	591	H	14/05/11	Rotherham Metro Level One Meet	Sheffield	Lboro Uni	1
28.09	589	H	11/02/12	BUCS Swimming (50m) Championships 2012	Sheffield	Lboro Uni	1
28.13	586	H	11/04/09	Derventio Excel 3rd Open	Sheffield	Lboro Uni	1
28.17	584	F	16/01/09	CIG 2009	Geneve, Switzerland	Lboro Uni	1
28.17	584	F	11/02/12	BUCS Swimming (50m) Championships 2012	Sheffield	Lboro Uni	1
28.29	576		17/04/10	Taunton Deane Easter Meet	Millfield	Lboro Uni	1
28.30	576	H	24/11/12	Essex Winter Long Course Championships	Basildon	Lboro Uni	1
28.32	575	H	27/11/11	Essex ASA Winter LC Championships	Basildon	Lboro Uni	1
28.43	568	H	15/05/10	Rotherham Metro LC Meet	Sheffield	Lboro Uni	1
28.54	561	H	30/04/11	BG London Region Youth Championships	London	Lboro Uni	1
28.59	558	H	20/06/12	BG ASA National Championships 2012	Sheffield	Lboro Uni	1
28.81	546	H	13/01/08	City of Derby 7th LC Meet	Sheffield	Lboro Uni	1
28.92	539	H	22/03/08	City of Sheffield Premier	Sheffield	Lboro Uni	1
28.98	536		19/04/08	Crawley Spring Open Meet	Crawley	Lboro Uni	1
28.98	536	H	20/05/12	Northampton SC May Open Meet	Corby	Lboro Uni	1
29.06	532	F	05/05/07	London Region Youths	Crystal Palace	Lboro Uni	1
29.06	532	F	22/03/08	City of Sheffield Premier	Sheffield	Lboro Uni	1
29.25	521	H	11/07/08	ASA National Champs 2008	Liverpool	Lboro Uni	1
29.26	521	H	31/05/08	Derventio Excel Open Meet	Sheffield	Lboro Uni	1
29.51	508		10/02/07	Wycombe District LC Open	Handy Cross	Lboro Uni	2
29.52	507		06/04/07	Leatherhead Easter Open	Crystal Palace	Lboro Uni	2
29.54	506	H	05/05/07	London Region Youths	Crystal Palace	Lboro Uni	1
29.71	498	H	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
29.73	497	H	26/05/07	Sheffield No Frills Meet	Sheffield	Lboro Uni	1
29.79	494	H	15/12/07	City of Leeds ChristmasMt	Leeds	Lboro Uni	2
29.89	489	H	30/01/11	13th Luxembourg Euro-Meet 2011	Luxembourg	Lboro Uni	1
30.49	460	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
31.03	437	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
31.42	421	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
31.69	410	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
31.97	399	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.03	661	F	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Bark & Dagen	1
27.66	617	H	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Bark & Dagen	1
26.71	685	F	04/02/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
26.71	685	F	04/02/17	Essex Age Group Championships	London	Bark & Dagen	1
26.99	664	H	04/02/17	Essex Age Group Championships 2017	Basildon	Bark & Dagen	1
26.99	664	H	04/02/17	Essex Age Group Championships	London	Bark & Dagen	1
25.83	757	F	26/07/16	British Summer Championships	Sheffield	Bark & Dagen	1
25.90	751	H	26/07/16	British Summer Championships	Sheffield	Bark & Dagen	1
27.23	646	F	28/05/16	City of Cardiff Open Meet	Cardiff	Bark & Dagen	1
27.34	639	H	28/05/16	City of Cardiff Open Meet	Cardiff	Bark & Dagen	1

27.00	663	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Bark & Dagen	1
26.08	736	F	06/02/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
26.08	736	F	06/02/16	Essex Age Group Championships 2016	London	Bark & Dagen	1
27.78	609	H	06/02/16	Essex Age Group Championships 2016	Basildon	Bark & Dagen	1
27.78	609	H	06/02/16	Essex Age Group Championships 2016	London	Bark & Dagen	1
26.85	674	H	12/04/15	Derventio Excel 9th Open Meet	Sheffield	Loughborough	1
27.37	637	F	21/02/15	BUCS Long Course Championships 2015	Sheffield	Loughborough	1
27.49	628	H	21/02/15	BUCS Long Course Championships 2015	Sheffield	Loughborough	1
27.41	634	F	07/02/15	Derventio Excel February Festival	Sheffield	Loughborough	1
27.74	611	H	07/02/15	Derventio Excel February Festival	Sheffield	Loughborough	1
27.07	658	F	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Loughborough	1
27.13	654	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	Loughborough	1
27.05	659	S	12/04/14	British Gas Championships 2014	Glasgow	Lboro Uni	1
26.79	679	H	12/04/14	British Gas Championships 2014	Glasgow	Lboro Uni	1
26.85	674	C	06/04/14	Scottish Gas National Open Championships	Glasgow	Lboro Uni	1
26.89	671	H	06/04/14	Scottish Gas National Open Championships	Glasgow	Lboro Uni	1
26.45	705	H	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Lboro Uni	1
28.30	576	H	24/11/12	Essex Winter Long Course Championships	Basildon	Lboro Uni	1
28.59	558	H	20/06/12	BG ASA National Championships 2012	Sheffield	Lboro Uni	1
28.98	536	H	20/05/12	Northampton SC May Open Meet	Corby	Lboro Uni	1
28.17	584	F	11/02/12	BUCS Swimming (50m) Championships 2012	Sheffield	Lboro Uni	1
28.09	589	H	11/02/12	BUCS Swimming (50m) Championships 2012	Sheffield	Lboro Uni	1
27.75	611	H	05/02/12	Derventio excel February Festival Open Mee	Sheffield	Lboro Uni	1
27.90	601	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Lboro Uni	1
27.44	632	F	27/11/11	Essex ASA Winter LC Championships	Basildon	Lboro Uni	1
28.32	575	H	27/11/11	Essex ASA Winter LC Championships	Basildon	Lboro Uni	1
28.04	592	H	14/06/11	British Gas ASA National Championships	Sheffield	Lboro Uni	1
28.06	591	H	14/05/11	Rotherham Metro Level One Meet	Sheffield	Lboro Uni	1
27.88	602	F	30/04/11	BG London Region Youth Championships	London	Lboro Uni	1
28.54	561	H	30/04/11	BG London Region Youth Championships	London	Lboro Uni	1
29.89	489	H	30/01/11	13th Luxembourg Euro-Meet 2011	Luxembourg	Lboro Uni	1
28.43	568	H	15/05/10	Rotherham Metro LC Meet	Sheffield	Lboro Uni	1
28.29	576		17/04/10	Taunton Deane Easter Meet	Millfield	Lboro Uni	1
27.94	598	H	31/07/09	British Gas Youth Champs	Sheffield	Lboro Uni	1
27.78	609	H	23/05/09	Rotherham Metro LC Meet	Sheffield	Lboro Uni	1
28.13	586	H	11/04/09	Derventio Excel 3rd Open	Sheffield	Lboro Uni	1
28.17	584	F	16/01/09	CIG 2009	Geneve, Switzerland	Lboro Uni	1
27.97	596	H	16/01/09	CIG 2009	Geneve, Switzerland	Lboro Uni	1
29.25	521	H	11/07/08	ASA National Champs 2008	Liverpool	Lboro Uni	1
29.26	521	H	31/05/08	Derventio Excel Open Meet	Sheffield	Lboro Uni	1
28.98	536		19/04/08	Crawley Spring Open Meet	Crawley	Lboro Uni	1
29.06	532	F	22/03/08	City of Sheffield Premier	Sheffield	Lboro Uni	1
28.92	539	H	22/03/08	City of Sheffield Premier	Sheffield	Lboro Uni	1
28.81	546	H	13/01/08	City of Derby 7th LC Meet	Sheffield	Lboro Uni	1
29.79	494	H	15/12/07	City of Leeds ChristmasMt	Leeds	Lboro Uni	2
29.73	497	H	26/05/07	Sheffield No Frills Meet	Sheffield	Lboro Uni	1
29.06	532	F	05/05/07	London Region Youths	Crystal Palace	Lboro Uni	1
29.54	506	H	05/05/07	London Region Youths	Crystal Palace	Lboro Uni	1
29.52	507		06/04/07	Leatherhead Easter Open	Crystal Palace	Lboro Uni	2
29.51	508		10/02/07	Wycombe District LC Open	Handy Cross	Lboro Uni	2
31.97	399	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
31.69	410	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
31.42	421	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
31.03	437	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2

30.49	460	F	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2
29.71	498	H	16/12/06	Leeds Christmas Cracker	Leeds	Lboro Uni	2