

Individual Best Times (All Time)

Adam-James Lamb - (400028) - Chase SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:14.69	573	H	19/05/13	Northampton Spring Meet 2013	Corby	Chase	1
2:15.36	565	F	19/05/13	Northampton Spring Meet 2013	Corby	Chase	1
2:16.13	555	H	27/01/13	ASA Central Region Zonal Competition	Corby	Chase	1
2:16.31	553	F	27/01/13	ASA Central Region Zonal Competition	Corby	Chase	1
2:16.69	548	H	12/05/13	Derventio Excel Swim Squad 7th LC Open	Sheffield	Chase	1
2:16.89	546	H	16/12/12	Northampton SC Winter Festival Open Meet	Corby	Chase	1
2:17.75	536	H	05/05/13	Midland Youth Championships	Corby	Chase	1
2:19.26	519	H	26/01/14	Central Zonal Meet 2014	Corby	Chase	1
2:21.75	492	H	18/12/11	Northampton Winter Festival Open Meet	Corby	Chase	1
2:21.93	490	F	21/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	Chase	1
2:22.08	488	F	30/07/10	British Gas Nat Age Grps	Sheffield	Chase	1
2:22.26	486	H	29/01/12	ASA Central Zone Meet	Corby	Chase	1
2:22.55	483	H	03/04/11	Derventio Excel Open Meet	Sheffield	Chase	1
2:23.45	474	H	30/07/10	British Gas Nat Age Grps	Sheffield	Chase	1
2:23.88	470	H	04/06/11	BG Midlands Age Group Championships	Coventry	Chase	1
2:23.91	470	F	04/06/11	BG Midlands Age Group Championships	Coventry	Chase	1
2:23.98	469	F	22/01/11	City of Liverpool Winter Distance Meet	Liverpool	Chase	1
2:24.80	461	H	06/05/12	ASA Midlands Youth Championships	Coventry	Chase	1
2:25.80	452	H	05/06/10	BG Midland Age Groups	Coventry	Chase	1
2:26.21	448	H	30/05/10	Sheffield No Frills Meet	Sheffield	Chase	1
2:26.71	443	H	22/12/13	Northampton Winter Festival Open Meet	Corby	Chase	1
2:27.06	440	F	05/06/10	BG Midland Age Groups	Coventry	Chase	1
2:28.18	430	H	08/05/10	City of Coventry May Open	Coventry	Chase	1
2:32.08	398	F	17/01/10	City of Liverpool Meet	Liverpool	Chase	1
2:47.25	299	H	09/05/09	City of Coventry Open	Coventry	Chase	1

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