

# Individual Best Times (All Time)

Adam-James Lamb - (400028) - Chase SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:02.09	573	H	11/05/13	Derventio Excel Swim Squad 7th LC Open	Sheffield	Chase	1
1:02.28	568	H	03/08/13	BG ASA National Youth Championships	Sheffield	Chase	1
1:02.38	565	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Chase	1
1:02.81	554	F	04/05/13	Midland Youth Championships	Corby	Chase	1
1:02.82	554	H	04/05/13	Midland Youth Championships	Corby	Chase	1
1:02.88	552	H	08/02/14	Derventio Excel February Festival	Sheffield	Chase	1
1:03.06	547	H	18/05/13	Northampton Spring Meet 2013	Corby	Chase	1
1:03.08	547	H	25/01/14	Central Zonal Meet 2014	Corby	Chase	1
1:03.11	546	F	26/01/13	ASA Central Region Zonal Competition	Corby	Chase	1
1:03.21	543	H	26/01/13	ASA Central Region Zonal Competition	Corby	Chase	1
1:03.49	536	H	28/04/12	Derventio Excel Swimming Squad 6th Open	Sheffield	Chase	1
1:03.91	526	H	21/12/13	Northampton Winter Festival Open Meet	Corby	Chase	1
1:04.09	521	R	25/07/11	British Gas ASA NAG Championships 2011	Sheffield	Chase	1
1:04.12	521	H	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Chase	1
1:04.41	514	H	28/01/12	ASA Central Zone Meet	Corby	Chase	1
1:04.62	509	H	30/06/12	ESSA Inter-Divisional Championships	Liverpool	Chase	1
1:04.78	505	F	05/05/12	ASA Midlands Youth Championships	Coventry	Chase	1
1:04.79	505	H	17/12/11	Northampton Winter Festival Open Meet	Corby	Chase	1
1:05.14	497	F	18/05/13	Northampton Spring Meet 2013	Corby	Chase	1
1:05.16	496	H	19/05/12	Northampton SC May Open Meet	Corby	Chase	1
1:05.26	494	H	05/05/12	ASA Midlands Youth Championships	Coventry	Chase	1
1:05.40	491	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	Chase	1
1:05.43	490	H	12/06/11	BG Midlands Age Group Championships	Coventry	Chase	1
1:06.50	467	H	30/01/11	East, East Midland & West Midland Zonal	Corby	Chase	1
1:06.76	461	H	02/04/11	Derventio Excel Open Meet	Sheffield	Chase	1
1:08.04	436	H	12/06/10	Midland Age Group Champs	Coventry	Chase	1
1:08.06	435	H	28/05/10	Sheffield No Frills Meet	Sheffield	Chase	1

1:06.06	433	H	29/05/10	Sheffield No Frills Meet	Sheffield	Chase	1
1:08.61	425	F	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Chase	1
1:08.73	423	H	09/05/10	City of Coventry May Open	Coventry	Chase	1
1:20.25	265	H	10/05/09	City of Coventry Open	Coventry	Chase	1

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1:08.61	425	F	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Chase	1
1:04.12	521	H	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Chase	1
1:02.88	552	H	08/02/14	Derventio Excel February Festival	Sheffield	Chase	1
1:03.08	547	H	25/01/14	Central Zonal Meet 2014	Corby	Chase	1
1:03.91	526	H	21/12/13	Northampton Winter Festival Open Meet	Corby	Chase	1
1:02.28	568	H	03/08/13	BG ASA National Youth Championships	Sheffield	Chase	1
1:05.14	497	F	18/05/13	Northampton Spring Meet 2013	Corby	Chase	1
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1:02.81	554	F	04/05/13	Midland Youth Championships	Corby	Chase	1
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1:20.25	265	H	10/05/09	City of Coventry Open	Coventry	Chase	1