

Individual Best Times (All Time)

Rhys Cole - (399362) - Taunton Deane SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:09.07	689	H	10/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:09.47	686	F	17/05/14	Millfield Last Chance Swim Meet	Millfield	TauntonDeane	1
4:10.03	681	H	06/04/14	Derventio Excel 8th LC Open Meet	Sheffield	TauntonDeane	1
4:10.91	674	F	25/04/15	Millfield & Taunton Super Series (LC)	Millfield	TauntonDeane	1
4:11.07	673	F	09/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	TauntonDeane	1
4:11.14	672	H	02/05/15	ASA South West Summer Championships	Plymouth		1
4:11.27	671	H	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:12.31	663	F	08/02/15	Aquae Sulis Spring Grand Prix	Bristol	TauntonDeane	1
4:12.49	662	F	26/01/14	ASA South Zonal Competition	Millfield School	TauntonDeane	1
4:13.04	657	H	26/01/14	ASA South Zonal Competition	Millfield School	TauntonDeane	1
4:13.24	656	H	03/05/14	BG ASA SWR Youth Championships 2014	Plymouth	TauntonDeane	1
4:14.50	646	F	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:16.67	630	F	07/06/13	Cardiff International Open Meet	Cardiff	TauntonDeane	1
4:17.75	622	H	04/05/13	ASA South West Regional Championships	Millfield	TauntonDeane	1
4:21.76	594	F	17/11/12	The Aquae Sulis Grand Prix 2012	Bristol	TauntonDeane	1
4:25.13	571	F	16/12/12	Plymouth L1 Long Course Open Meet	Plymouth	TauntonDeane	1
4:31.22	534	H	05/05/12	BG SWR Youth Championships	Plymouth	TauntonDeane	1
4:36.69	503	F	15/04/12	Taunton Deane Easter Open Meet	Millfield	TauntonDeane	1
4:40.04	485	F	20/11/11	Bath Grand Prix	Bath	TauntonDeane	1
4:45.31	458		08/05/11	Taunton Dean Level 1 Meet	Millfield	TauntonDeane	1
4:46.47	453	H	11/06/11	BG South West Region Championships	Street	TauntonDeane	1
4:48.19	445	F	21/05/11	Millfield School Meet of Legends	Millfield	TauntonDeane	1
4:59.33	397		18/04/10	Taunton Deane Easter Meet	Millfield	TauntonDeane	1
5:02.69	384	F	23/05/10	Millfield Meet of Legends	Millfield	TauntonDeane	1
5:10.54	355		24/01/10	Exeter City New Year Meet	Millfield	TauntonDeane	1
5:44.52	260		19/04/09	Taunton Deane Easter Meet	Millfield	TauntonDeane	2

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