Individual Best Times (All Time)

Rhys Cole - (399362) - Taunton Deane SC - 400 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:49.90	585	F	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	TauntonDeane	1
4:51.58	575	F	25/01/14	ASA South Zonal Competition	Millfield School	TauntonDeane	1
4:53.66	563	Н	25/01/14	ASA South Zonal Competition	Millfield School	TauntonDeane	1
4:55.10	554	F	07/02/15	Aquae Sulis Spring Grand Prix	Bristol	TauntonDeane	1
4:56.55	546	Н	06/04/14	Derventio Excel 8th LC Open Meet	Sheffield	TauntonDeane	1
4:57.39	542	Н	04/05/14	BG ASA SWR Youth Championships 2014	Plymouth	TauntonDeane	1
4:59.44	531	Н	06/05/13	ASA South West Regional Championships	Millfield	TauntonDeane	1
5:00.27	526	F	13/04/13	Taunton Deane Easter Long Course Meet	Millfield	TauntonDeane	1
5:00.73	524	F	15/12/12	Plymouth L1 Long Course Open Meet	Plymouth	TauntonDeane	1
5:01.12	522	F	18/11/12	The Aquae Sulis Grand Prix 2012	Bristol	TauntonDeane	1
5:12.75	466	Н	07/05/12	BG SWR Youth Championships	Plymouth	TauntonDeane	1
5:13.00	465	F	14/04/12	Taunton Deane Easter Open Meet	Millfield	TauntonDeane	1
5:22.75	424	Н	19/06/11	British Gas SWR Age Group Championships	Millfield School	TauntonDeane	1
5:29.14	399		07/05/11	Taunton Dean Level 1 Meet	Millfield	TauntonDeane	1
5:42.37	355	Н	20/06/10	BG South West Age Groups	Millfield	TauntonDeane	1
5:53.22	323		17/04/10	Taunton Deane Easter Meet	Millfield	TauntonDeane	1
6:02.58	299		23/01/10	Exeter City New Year Meet	Millfield	TauntonDeane	1
6:30.55	239		18/04/09	Taunton Deane Easter Meet	Millfield	TauntonDeane	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:55.10	554	F	07/02/15	Aquae Sulis Spring Grand Prix	Bristol	TauntonDeane	1
4:57.39	542	Н	04/05/14	BG ASA SWR Youth Championships 2014	Plymouth	TauntonDeane	1
4:56.55	546	Н	06/04/14	Derventio Excel 8th LC Open Meet	Sheffield	TauntonDeane	1
4:49.90	585	F	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	TauntonDeane	1
4:51.58 Copyright 2024	575 4	F	25/01/14	ASA South Zonal Competition	Millfield School	TauntonDeane Powered By SPORT	1 SYSTEMS

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4:53.66	563	Н	25/01/14	ASA South Zonal Competition	Millfield School	TauntonDeane	1
4:59.44	531	Н	06/05/13	ASA South West Regional Championships	Millfield	TauntonDeane	1
5:00.27	526	F	13/04/13	Taunton Deane Easter Long Course Meet	Millfield	TauntonDeane	1
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