

# Individual Best Times (All Time)

Ashley Trent - (399074) - City of Cambridge SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:21.51	522	H	04/05/13	ASA East Region Youth Championships	Luton	Co Cambridge	1
2:22.21	515	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Co Cambridge	1
2:22.23	514	H	03/05/14	ASA East Region Youth Championships	Luton	Co Cambridge	1
2:24.63	489	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Co Cambridge	1
2:27.24	464	H	09/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Co Cambridge	1
2:28.88	448	F	07/04/12	UEA City of Norwich Easter Meet	Norwich	Co Cambridge	1
2:33.61	408	H	26/01/13	ASA Central Region Zonal Competition	Corby	Co Cambridge	1
2:39.55	364	H	12/06/10	East Region BAGCATS	Norwich	Co Cambridge	1
2:40.07	361	H	11/06/11	BG East Region Bagcat Championships	Norwich	Co Cambridge	1
2:42.47	345	H	15/05/10	Rotherham Metro LC Meet	Sheffield	Co Cambridge	1
2:46.07	323	F	20/12/09	Hamble Aquatics Open Meet	Dubai	Co Cambridge	2
2:56.75	268	H	07/06/09	East Region BAGCATS	UEA Norwich	Co Cambridge	1
3:10.78	213	H	08/06/08	East Region Bagcat Champs	Norwich	Co Cambridge	1

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2:56.75	268	H	07/06/09	East Region BAGCATS	UEA Norwich	Co Cambridge	1
3:10.78	213	H	08/06/08	East Region Bagcat Champs	Norwich	Co Cambridge	1